



IEATA 8th Biennial International Conference
Expressive Arts in Social Action:
PEACE-ING OUR WORLD TOGETHER

August 12-15, 2009

Hosted by Lesley University
Cambridge, MA

Preliminary Conference Schedule and Planning Guide

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TO REGISTER, VISIT WWW.IEATA.ORG
Fees, lodging, travel info and more online



PRE-CONFERENCE SPECIAL EVENTS

Monday & Tuesday, August 10-11

SOCIAL ACTION PROJECT PEACE-ARTS ZONE:

PEACE-ING OUR COMMUNITIES TOGETHER

Before the conference officially begins, we invite you to be a part of an exciting initiative - a locally based community arts project in the Boston area. We define Peace-Arts Zones as personal vision and action plans to create healthy and safe communities.

Monday, August 10
12:00 pm – 4:00 pm

On day one, we will invite youth groups from the greater Boston area to Lesley University to share an arts-based experience focused on violence prevention and healthy and safe communities. Lunch is included.

Tuesday, August 11
9:00 am – 12:00 pm

On day two, we will take these youth groups to visit elder centers in the area to share our experience of creating a Peace Arts Zone. This interactive and inter-generational morning will include a multi-arts-based project. Youth, facilitators and volunteers will then return to Lesley University campus for a short de-briefing and celebration (cake and ice-cream).

Wednesday Evening

LESLEY UNIVERSITY CENTENNIAL CELEBRATION

Lesley University, in conjunction with the IEATA conference, will kick off its **CENTENNIAL CELEBRATION** with free performances by Expressive Arts community groups run by Lesley's Expressive Therapy Alumni, and with special recognition of the founder of Lesley's program, Shaun McNiff.

WEDNESDAY, AUGUST 12

PRE-CONFERENCE WORKSHOPS

9 am – 5 pm

The conference begins with several all-day pre-conference workshops, featuring many familiar and new presenters. (*See bios, page 20.*) These workshops are included in the price of the full conference fee, or you can purchase the event separately if you cannot attend the full conference. When registering for the conference online, please indicate your first, second and third choices by selecting the session code listed above the workshop titles.

PRE-1

Expressive Arts Therapy as a Process of Change

Shaun McNiff

With movement acting as the basis of expression in all of the arts, this workshop will explore how authentic and spontaneous artistic expression in various media embodies the core dynamics of change – the embrace of uncertainty and risk taking; accepting vulnerability, resistance and fear; taking advantage of mistakes and improvisational discovery; and the engagement of difficulties as fuel for creative transformation. Experience how repetition, rhythm and an overall commitment to simplicity will generate natural changes and successive phases of creation emanating from the movement source. Learn what leaders do to create safe spaces where participants can practice letting go of inhibitions, witnessing and supporting the expression of others, and fostering the innate ability of the creative process to heal and transform individual persons and communities.

PRE-2

Creating Change in the World: Expressive Therapy Approaches

Vivien Marcow-Speiser and Phillip Speiser

The presenters have developed and implemented expressive arts therapy-based social change projects nationally and internationally for more than 30 years. Committed to making a difference, Vivien and Phillip will share images, stories, strategies, activities and approaches they have used in the many programs they have developed. They have learned to take risks and to commit to an issue and a project. They will summarize their social transformation projects within historical, personal, interpersonal, cross-cultural, local and global perspectives. Participants will learn about crossing personal, social and cultural bridges, and the development of strategies for uniting people through their common humanity and need for creative expression.

WEDNESDAY, AUGUST 12

continued

PRE-3

Social Action-Transformational Processes for the Collective: Resiliency, Attunement and Attachment

Robert Macy and Dicki Johnson Macy

Severed attachment from the social and environmental bodies is a root cause of worldwide violence and ecological destruction. This form of psychosocial disintegration manifests in three primary ways: spiritual immobilization, alienation and fragmentation of the body, and the expression of post-traumatic growth. Deep and consistent connections to the self, the collective and nature form the necessary bedrock that develops relationship between the individual and the collective, augmenting trust, resiliency, adaptation and spiritual evolution. This session will use archetypal ritual circles, theatre, Taoist sound and movement meditations, discussions and film to encourage the experience of the healing functions of attuned neuroception.

PRE-4

Voices from the Underground: A Bouffon Workshop

Stephen K. Levine and Ellen G. Levine

Bouffon is a physical theatre form that allows the excluded and marginalized to find their voices and speak truth to power through parody and satire. In this daylong workshop, we will provide a basic training in Bouffon and give participants an opportunity to find the camaraderie and joy that comes from standing up and speaking out together. Please bring old clothing to share, rags, a blanket and a willingness to be outrageous.

PRE-5

Tying Rocks to Your Dreams

Kate Powers

Are you longing to take the next step in your professional journey? Do you want to be part of the global solution for change? Do you feel called to use the expressive arts for social change? Join us in this deeply interactive workshop where you will: 1) discover what gives you the most heart and meaning in the field of social change; 2) learn how to bring forward all your gifts and talents; and 3) take concrete steps for planning and manifesting your dream. Each participant will have the opportunity to dream a new project or job, and apply practical tools for successfully manifesting it.

PRE-6

This Is How We Do It

At RAW Art Works site: Jason Cruz, Beau Diehl, Chris Gaines, Susannah Horwitz, Laura Menucci, Jean-Paul "J.P." DiSciscio and Silvia Lopez Chavez

Since 1988 Raw Art Works (RAW) has passionately pursued its mission to ignite the desire to create – and the confidence to succeed – in underserved youth, using the power of the arts to transform young lives, one artist at a time. This workshop will present how RAW's art therapy-based programs successfully have used varying art modalities to create countless opportunities for youth to dream bigger dreams and work hard to make those dreams a reality. Participants will meet at the registration table at 9 am to ride to the RAW Art Works site in Lynn, MA. Participants can bring their own lunch, or purchase a provided lunch for \$8.

PRE-7

Creating Collective Resonance: Toward Healing Seven Generations

Natalie Rogers, PhD REAT, and Mukti Khanna, PhD

Person-centered expressive arts will help us embody greater interconnectedness and compassion when responding to difficult personal, political and cultural events. As we heal in a conscious collective, we can begin to halt the repetition of intergenerational patterns of psychological injury. Healing through movement, art, interactive theater and deep group resonance can shift long-held perceptions and change how we behave both individually and collectively in the world. We'll explore such questions as "How does the neuroscience of perception inform transformative social action?" and "How does the creative process bridge inner healing to social action?"

PRE-8

Seed of Change: Cultivating a Community Expressive Arts Practice

Expressive Arts Florida LLC: Kathleen Horne, Victoria Domenichello-Anderson, Elizabeth Bornstein, Tamara Teeter Knapp

Through multimodal presentation and deep experiential process, participants will be introduced to Expressive Arts Florida, a vital community practice. In this workshop, individual and collaborative expressive arts will foster personal wellbeing, connection with others, community building and social change. Be inspired and guided by this consultant-educator partnership as you nurture your unique personal expressive arts vision and grow it in your own community. The art forms of the mandala, mandorla and collaborative Flower of Life will be guiding principles throughout the workshop. Come ready to make art, meditate, move, go deeply within, be witnessed, and connect with others and with the community. Learn a new model of cultivating the expressive arts as rich seeds of change on many levels.

THURSDAY, AUGUST 13

THE MORNING BEGINS with a gathering of our IEATA community by our Executive Co-Chairs and Conference Committee. Thursday's keynote speakers **ROBERT AND DICKI MACY** are world-renowned for the arts-based trauma interventions they have shared with communities around the globe through their individual work and their work with the Center for Trauma Psychology. Join them for a discussion of the ways they have been able to implement expressive arts interventions for a more just world.

In the afternoon, participants can choose from a wide variety of 1.5- and 3-hour workshops dealing with a plethora of topics on harnessing the creative arts and arts therapies to facilitate peacemaking, growth, change and social action. Workshop options include panels, experiential programs, lectures and performances that cover a broad range of modalities and methodologies.

Thursday evening features a free performance by **PAOLO KNILL AND ELIZABETH MCKIM**, followed by an Open Mic event. Why just talk about the transformative power of making and sharing creative work, when you have the opportunity to do it? The conference Open Mic will provide participants with an opportunity to share and perform their creative work for/with their peers.

For your Thursday schedule, please choose:

One Series A workshop (1:30-5 pm) – pages 4-6

OR

One Series B (1:30-3 pm) – pages 6-8

AND

One Series C (3:30 - 5 pm) - pages 8-10

1:30 - 5 pm – Thursday Series A (3.5-hour workshops and panels)

A1

Using Expressive Arts Therapies with Children Who Have Experienced Violence

(panel, lecture, experiential)

Ellen Brochmann, Graça Duarte Santos

Anna Marie Weber

This panel will look at various ways to use the arts to address the effect that violence can have on children. Included will be perspectives of children living in war zones, clinical and school contexts in the U.S. and abroad, and the role of revenge and retribution.

A2

The Transmutation of Symbols from Symbol Abuse to Political Action

(experiential)

Kate T. Donohue, Linda Hammond

Our Expressive Arts skills will be used in the service of critical political thought. We will focus on symbol abuse – the manipulation of political symbols. We can use our strongest skills to help people create their own images and thoughts to empower our political discourse. Seven theoretical ideas will be interwoven: Boal, Brecht, Jung, Kimbles, Reich, Lakoff/Brook and Winnicott. We will create a theatrical piece reflecting these theories and the use of expressive arts skills. Participants, who are interested, will present a short piece of theatre we created in the workshop to the community to stimulate discussion, self-reflection and critical thinking about our work and our world.

A3

Follow Your Heart to Jerusalem – Crossing Borders with Expressive Arts Therapies

(experiential, film)

Tamar Reva Einstein

Tamar Einstein is an artist and arts therapist who crosses the invisible borders of religion, ethnicity, gender and language in Jerusalem. This intimate documentary film follows Tamar's day-to-day journey with Christian, Muslim and Jewish clients in need of healing. Working in collaboration with social workers and caregivers, Tamar demonstrates innovative approaches to expressive art therapies with special needs kids, at-risk teens, drug users, educators and patients with chronic and terminal illness. Following the screening, Tamar Einstein invites the viewers to follow their hearts in an expressive art-making experience that will provide time for both introspective work and sharing with the larger group.

THURSDAY, AUGUST 13

continued

A4

Sociodrama Art Therapy

(lecture, experiential)

Rosalie Minkin

In this session, attendees will have an opportunity to experience the theory, practice and integration of sociodrama and art therapy. Sociodrama, the drama of the group, is a form of group psychotherapy where the roles, themes and issues are enacted in the session.

Art therapy practices will offer participants an opportunity to use various media to illustrate the possible sociodrama themes, roles and issues. Participants also will explore how to combine these two therapeutic modalities in their private practice.

A5

Creating Growth with Elders

(panel, experiential)

Anne Foley Alper

Donna Newman-Bluestein

Danielle O'Brien

This panel will explore effective ways that expressive arts therapy has been used in elder settings. Discussants will talk about how the arts and mindfulness practices can transform treatment methods and enhance an empathic posture, bridging isolation within the whole community.

A6

Cultivating Peace and Compassion: Focusing-oriented Expressive Arts and Meditation

(experiential)

Peggy Langley

Laury Rappaport

This workshop presents an overview of Focusing-Oriented Expressive Arts Therapy and demonstrates how it is useful for cultivating peace and compassion within oneself, with others and the world. The workshop includes didactic information and experiential exercises to teach the Focusing Attitude of being welcoming of inner experience; basic steps to symbolize the felt sense in various art modalities; clearing a space with expressive art for dis-identifying with stressors and accessing a place of inherent wholeness and peace; and meditation practices to deepen states of equanimity and peace.

A7

Tools for the Peace-Maker: Honoring Deganiwidah in the World

(experiential)

Jane Goldberg

Mollie Shea

Interweaving history and myth, we turn to the legendary tale of Deganiwidah, (Man from the North), who, with his allies, Hiawatha, (the Great Orator) and Jigonhsasee (the Great Peacemaker), brought about a peaceful democratic society here in these Northeastern Woodlands by uniting five tribes to form the Iroquois Nation (1000 A.D.) Their story became the founding model of our national democracy. You're invited to re-enact and deeply experience this powerful archetypal, social, psychological and cross-cultural journey of the Peace-Maker, with art, music, poetry, ritual, dance and storytelling. Discover how you can design, build, clearly embrace and carry forward your message of peace-making out into the world. This presentation is based on the book by Jean Houston with Margaret Rubin, *Manual For The Peacemaker: An Iroquois Legend To Heal Self and Society*.

A8

Enhancing Inner and Outer Diversity through Voice Movement Therapy

(experiential)

Deborah Crane

Learn the fundamentals of Voice Movement Therapy (VMT) and experience this approach to investigating and integrating the many aspects of the self through vocal and physical exploration. Voice is the bridge between our internal and external worlds. The expressive power of sound and words allows us to understand each other more fully. VMT provides a framework and reliable tools for accessing the power of voice in expressive arts therapy sessions. All sounds, movements, creative works and parts of the self are treated with equal respect during exploration and integration of inner diversity, thus creating respect for all ways of being.

THURSDAY, AUGUST 13

continued

A9

Embodying Peace through Mask and Other Expressive Arts Processes

(experiential)

Sophie Glikson

Marina Strauss

In this workshop, participants will embellish pre-made masks to “unmask” their internal paradoxes with the intention of experiencing deeper presence and acceptance of their internal tensions. Participants will be invited to embody their masks in a way that allows “characters” to emerge – characters representing the different and often contradictory forces that can cause tension. Participants will then explore and integrate these characters toward reaching a sense of wholeness and “being peace” (Thich Nhat Hanh, 1996). A selection of modalities will be incorporated into the process including body-mind centering, the interplay with metaphorical, visual languages, sound, movement and enactment.

A10

Mindfulness-based Expressive Therapy: Empathic Presence, Sensory Awareness, Meditation and Metaphor

(panel, lecture, experiential)

Daniel Herring

Rosa Granadillo-Schwentker

Carol Marks Stopforth

This panel will look at how to use mindfulness techniques including yoga, meditation and relaxation with a variety of populations and settings, such as adolescents with substance abuse, day treatment facilities and multicultural settings.

1:30 - 3 pm – Thursday Series B

(1.5-hour workshops and panels)

B1

Peak Performance: Be the Best That You Can Be

(experiential)

Jean Winslow

Stirring the imagination through art, psychodrama and visualization, this workshop will focus on affecting change, growth and healing. Matching images with action, we will experience ways of enhancing spontaneity and creativity as we flow between the contemplative and the active, the personal and the collective, to reach optimal levels of performance.

B2

Body Casting for Personal and Social Healing and Transformation

(lecture)

Celine Hunt

Michaela Kirby

Shannon Stevens

In our modern culture, many outside forces often leave women feeling detached from the felt experiences of their physical bodies. As expressive therapists, we have found body casting, the process of using plaster and gauze to create a mold of the body, to be a powerful vehicle for helping us transform the social constructs that keep us from experiencing a positive, felt sense of our own bodies. Three expressive arts therapists will present on their own phenomenological experiences of using body casting to explore these issues.

B3

Re-inventing Whatever Our Lives Give Us – A Workshop About ‘Zines and Blogs

(experiential)

Eve Lyons

This experiential workshop invites participants to explore the world of ‘zines and blogs. ‘Zines are cheaply published, mass-produced chapbooks of art and writing, designed to connect with other people, and inspire and challenge people about things with which the creator is struggling. Blogs, their technological heir, are on-line journals and can include memoir, fiction, poetry or photography, and again the common denominator is the need of the creators to put their art out into the world. This workshop will be an experiential opportunity to explore the therapeutic value of both making art and receiving feedback, validation and connection with your audience.

THURSDAY, AUGUST 13

continued

B4

Mandala Circle Dance: Linking with Peace – Spiritual Environmental Expressive Arts (experiential)

Cenira

Mandala Circle Dance and Links process uses movements and patterns inspired by the cyclical and circular movements found in nature, world culture, ceremonies and children's play. It facilitates individual and group integration, and personal and social transformation by nurturing the inner child, deepening creative intuitive perception, supporting the creation of positive compassionate links with others in the process of community building, and raising consciousness. In this experiential workshop, multi-modal expressive arts, meditation, creative bioenergetics, dance, movement and recycled material are used to connect with the authentic selves and cultivate the inner peace that is the necessary basis for promoting peace and for strengthening our relationships with the self and others.

B5

Through this Art, Peace: Deserte Paz (experiential)

Gene Diaz

In this interactive workshop, participants will first learn about the arts and pedagogy community change project, Deserte Paz, taking place in Medellín, Colombia. Participants will be asked to construct concepts of pedagogy of peace by working with rice paper and watercolors. Viewing peace as a transparent process in which a group of people work together to construct a climate of acceptance and respect, we will offer our visions of a pedagogy of peace.

B6

Processing Grief through the Arts: Reconnecting to a Lost Healing Wisdom (panel, lecture, experiential)

B. Alicia Diaz

Emily Johnson

This panel will examine how arts-based interventions in a clinical setting can help clients and therapists process grief and loss through self-care techniques. The panel will emphasize cross-cultural perspectives and includes multimedia visual aids.

B7

Exhibits and Public Arts Shows as a Social Change Agent for Clients

(panel, lecture)

Shalene Hatton

Jordan S. Potash

This panel will look at exhibitions of artwork, including gallery and community spaces, as well as online resources. Participants will learn how clients can enhance social change and wellbeing. The panel also will discuss the results of a research project designed to help viewers more fully engage in the art therapy viewing experience.

B8

Peace-ing: "A Way of Knowing" through Metaphoric Words and Images (experiential)

Diane J. Guelzow

Marisa Cornell

In this experiential workshop, participants use metaphoric words and images in collage form, taking the stages of "knowing" from "experiencing" into "presentational" into "propositional" and finally into "practical." By exploring the stages of knowing through visual journaling with collage, workshop participants will utilize this lens as they continue to engage in personal self-care and assist clients and groups in cathartic journeys. Participants will walk away with a handful of therapeutic activities to engage themselves, their clients and groups.

B9

Intercellular Peace, Healing Intergenerational DNA Utilizing Somatic Therapies with Psychodrama (experiential)

Rebecca M. Ridge

Peace begins within our cells and cellular memory. Hatred and fear can change the cell structure and cause a war within our own body mind, which can result in breaking down the body's immune system and closing the heart from meaningful relationships. One can reorganize the psyche on a cellular level, however, by experientially integrating the somatic therapies of body mindfulness and cellular breathing, and finding the resonance with the heart cells. By incorporating the interplay of psychodrama, we can identify the destructive patterns laid down by past generations and consciously re-create new messages, thus restoring peace within our cells and opening our hearts to more sincere and compassionate relationships.

THURSDAY, AUGUST 13

continued

B10

Bridging Cultures: Music Therapy for Social Action in Argentina

(lecture)

Irene Antonellis

Jessica Kaptcianos

Jared Leaderman

The expressive therapies hold powerful potential for effecting positive social change. Presenters will demonstrate the application of the expressive arts for social action through a music therapy project in rural Argentina aimed at facilitating cultural awareness, personal and group expression, and cross-cultural community. They also will explore multimodal arts approaches for designing and implementing multicultural immersion experiences for social action around the world. Additionally, they will discuss the role of these experiences within the cultural competencies training for expressive therapists.

B11

Council Practice as a Path to Peace and Social Justice

(experiential)

Stella Bay

A simple, effective strategy for facilitating heartfelt communication and inclusive group dynamics, Council Practice is the perfect tool for breaking down cultural barriers and misperceptions when combined with playful, safe and inclusive Expressive Arts Therapy exercises. This experiential workshop will focus on bringing unconscious cultural conditioning to awareness.

B12

Quilting and Social Change

(panel, lecture, experiential)

Anna Densert

Michelle Harris

This session will focus on specific uses of quilting and needle arts as agents of social awareness and change. The panel also will present Journal Quilting and a traveling quilt exhibit titled Incest Survivors Speaking to the Next Generation.

B13

Multicultural Expressive Arts for Global Peace: Acknowledging differences with mindfulness-compassion

(lecture, experiential)

Rosa Granadillo-Schwentker, PhD, DTR, CMB, CMT

Personal voices and histories are shared with the Other within a compassionate atmosphere. Delving into their narratives, different art products, and processes, participants explore self-formation and personal history.

3:30 - 5 pm – Thursday Series C (1.5-hour workshops and panels)

C1

Three Drama Therapy Approaches to Family Conflict

(experiential)

Becca Greene-Van Horn

Greta Schnee

Daniel Wiener

Empathy training is a foundational skill in dealing effectively with interpersonal conflict. Families are social systems in which accurate empathy is difficult to attain, due to the intensity of the family projection process. Participants will learn three different Drama Therapy action approaches to empathy training that reduce interfamilial conflict: psycho-educational coaching for parents to teach their children empathy language and skills; embodied, enacted play that allows children to deal better with family violence; and staging displacement scenes that help conflictual couples better identify with each other's perspectives.

C2

Using Group Art Therapy to Build Self-Esteem

(lecture)

Stephanie Brooke

The presentation will focus on critical information related to research using art therapy to raise self-esteem. This presentation will focus specifically on the results of research using art therapy to empower and elevate self-esteem with a group of sexual abuse survivors. The introduction will examine common myths surrounding sexual abuse in our culture that serve to perpetuate abuse. Given that low self-esteem is a common characteristic of survivors, this presentation will focus on one treatment approach that has been shown to significantly and positively impact self-esteem – art therapy.

THURSDAY, AUGUST 13

continued

C3

Empowerment from Art and Dreams: Visual Self-Balancing

(experiential)

Ann Sayre Wiseman

To bypass the sensors that words or the lack of words control, you will create a visual symbolic map of a troublesome dream or problem on paper as though it were your stage. This visual mirror allows you to see feelings, relationships and affinities through the use of colors, form and relationship. Our inner observer sees us from a different angle, offering us a metaphor to better understand blind spots and possible options. You can test alternatives, reverse roles, negotiate change and rebalance obsolete life strategies.

C4

Going Upcountry: Applications of Poetry Therapy in Sierra Leone

(lecture, experiential)

Cameron Marzelli

In 2007, Cameron traveled with her colleague, a United Nations Special Court psychologist, throughout remote regions of Sierra Leone to develop psychosocial services for former refugees and war-wounded. The process of writing and responding to poetry in a cross-cultural therapeutic context depends on the creative properties of language to engage hard-edged questions. How might poetry build bridges among people at odds, at war? How are we meant to be alive after the unthinkable has happened? This presentation includes video footage of poetry therapy training sessions in Sierra Leone, a display of poems written by Sierra Leonean adults and adolescents and an imaginal writing process.

C5

Healing Through Art: Working with Trauma, Domestic Violence and Eating Disorders

(lecture)

Becky Fleetwood

Nicole Hahna

Michal Shanti-Canetti

This presentation will focus on the use of the expressive arts therapies for working with survivors of trauma, intimate partner violence and eating disorders. The presentation will provide examples of expressive arts therapies interventions that can be helpful when working with these populations. Clinical examples will be provided for both children and adult survivors.

C6

Navigating Personality Differences Through Art and Conversation: Pathways to Peace

(lecture, performance)

Haley Fox

Tina Marie Thomas

The two presenters met in graduate school, part of a loosely structured but tightly bonded interdisciplinary “dream team” dedicated to nothing less lofty than World Peace. The arts-based approach to therapy and learning of the lead presenter, and her counterpart’s dynamic presentation style and in-depth knowledge of the Enneagram, a nine-point personality system, combine to ensure a powerful influence on the way people think about personality and human conflict. They explore ways to move toward a deeper appreciation of differences, understanding and ultimately peace. The presentation will include multimodal demonstrations, including original songs.

C7

Transforming the Bullying Cycle through the Expressive Arts

(experiential)

Maryam Mermey

This workshop will use the languages of the expressive arts to provide effective strategies and techniques to prevent bullying in schools. Participants will learn definitions of the four major roles in the bullying cycle and strategies to raise student awareness of the different kinds of bullying. Participants will learn about Forum Theatre and movement techniques as a means of transforming the witnesses into heroes, and then have the opportunity to practice these drama and movement techniques through small-group improvisations and performances. Group members will gain theatre arts skills that they easily can use in classrooms to transform the bullying cycle.



Touch Drawing session at 2007 conference

THURSDAY, AUGUST 13

continued

C8

Exile, Identity and Creation: Empowering Immigrant Women through Art
(lecture)

Vera Heller

This presentation draws from the author's experience as an immigrant artist, art therapist and social worker. Its purpose is to describe an arts-based research with immigrant women, focusing on the contribution of artistic creation in healing the fragmentation of identity inherent in the transition between two – often radically different – cultures. Heller will explore the reconstruction of the participants' identities during an art therapy workshop through the joint approaches of image-making and narrative storytelling. From the perspective of the Hero's archetype, both the migratory and creative processes are envisioned as journeys leading to the development of individuality.

C9

EnVision: Creating Transformation through the Art of Intention and Visual Journaling
(experiential)

Sheri Gaynor

In today's turbulent climate, it is important to support clients and communities in creating intention to live peacefully both within and without. The presentation focus will be Creative Awakenings: Envisioning the Life of Your Dreams through Art, a book by Sheri Gaynor, published by North Light Books. This visual journaling workshop will show you an exciting way to support clients and communities in a unique, transformational process known as EnVision Art of Intention. Students will learn methodology, simple techniques and suggested approaches. The workshop is experiential and open discussion style. A journal is helpful, all supplies included.



Starlights at 2007 conference

C10

Using Expressive Media in Virtual Reality: New Multi-Cultural Paradise

(experiential)

Niela Miller

The possibilities for cultural exchange, collaborations on projects that promote peace, goodwill and understanding, and the ability to endlessly explore in a creative playground can trump any technophobia that lingers in the participant. Come find out about the joys and interesting challenges of participating in a virtual world without geographical boundaries – and the possibilities for social change.

C11

The Ethics of Care: Connecting Personal and Societal Actions
(lecture, experiential)

Denise Malis

Amy Morrison

As practitioners of the creative arts therapies, we are often in the role of giving and caring of others, resulting in a gradual decline of awareness regarding our relationship to care and the caring profession. Participants will engage in a dialogue/discussion around the philosophical roots of contemporary caring and how caring connects to ethical decision making. Attendees will explore the extension of care/caring through a creative process that includes movement and art making. Personal and collective movement and image making will allow participants to define their personal and embodied relationship of our caring habits, knowledge and imagination.

C12

The Veil: The Symbol of Islamic Covering
(experiential)

Gloria Mahin

In this workshop, we will explore the symbol of the veil from a positive point of view to understand its value both as a religious practice and as an artistic image in the expressive arts. The experience of "covering" relates to numerous therapeutic processes, including self-protection, boundaries, authenticity, containment and self-confidence. Through discussion and experiential activities, we will learn ways of incorporating this powerful symbol into our personal and professional work, and also increase our appreciation for diverse cultures and practices in our communities and in the world.

FRIDAY, AUGUST 14

THE MORNING features IEATA Committee reports and a keynote address by David Gere. As Project Director of Make Art/Stop AIDS, Dr. Gere has utilized the arts to mobilize academics, artists, activists and citizens against the global AIDS epidemic. Beginning his work with this initiative in India in 2003, Dr. Gere has used the universal language of the arts to spearhead AIDS prevention and education interventions around the world.

IN THE AFTERNOON, we will continue with workshops.

FRIDAY EVENING starts with an Educational Fair and Poster Session. New work is being added to the body of Expressive Arts research all the time. Come and check out innovative new research, writing and therapeutic interventions by students and professionals in the field.

AN AWARDS BANQUET AND COMMUNITY DANCE with live music will follow for an additional \$25 fee. After all the conference sessions, idea sharing, and art making, you're going to need some time to relax! Join your friends from the IEATA community—and make some new ones—for an evening of dining, dancing and socializing at the beautiful Sheraton Commander hotel, in the heart of Cambridge!

For your Friday schedule, please choose:

One Series D workshop (1:30-5 pm) – pages 11-13

OR

One Series E (1:30-3 pm) – pages 13-15

AND

One Series F (3:30 - 5 pm) - pages 15-17

1:30 - 5 pm – Friday Series D

(3.5-hour workshops and panels)

D1

The Use of Expressive Arts with HIV+ Women Prisoners in Nairobi, Kenya

(experiential)

Gloria Simoneaux

Ms. Simoneaux has been leading expressive arts groups for HIV+ women prisoners in Nairobi, Kenya since May 2008. This experiential workshop includes narratives about the women's experiences within the prison, a PowerPoint presentation, and exercises and theory developed in response to the needs of this unique population.

D2

Building and Arts with Post-Conflict Communities

(experiential)

Coleen Brown, Alan O'Hare, Joanne Robinson, Dot Walsh

Through interweaving theory and story, this program will explore models of healing reconciliation and arts through international community partnerships in Northern Ireland, U.K. (Corrymeela Center for Peace and Reconciliation) and Greater Boston, U.S. (The Peace Abbey/The Girls Center). The presenters also will journey through a multi-arts presentation into the history of conflict-based interrelationships in each of these areas, and the resulting generations of hurt, hate and oppression, particularly within the lives of young people. Workshop participants will develop the creative processes of storytelling and visual arts to transform learned experiences of power-over relationships to power-with relationships for individuals and communities.

D3

Moreno's Codes and Formulas for Awakening Consciousness and for Social Healing

(experiential)

Edward Schreiber

This workshop presents a psychodramatic understanding of the forces impacting all human life, the planet and the natural world. The workshop offers psychodramatic, sociodramatic and sociometric processes as formulas and codes for group and personal renewal, and the awakening of consciousness. These codes and formulas, called "sociatry," facilitate the discovery and strengthening of the autonomous healing center in each

FRIDAY, AUGUST 14

continued

of us and within groups. You are invited to share the experience of a creative force manifesting within us and within the group.

D4

Knowing the Cultural Self: Multicultural Competencies in Clinical Practices

(experiential)

Mariagnese Cattaneo

This presentation will focus on the multicultural competencies relevant to the creative art therapies. It will highlight how Eurocentric tradition, worldview and education can conflict with the client's sociocultural and sociopolitical reality and experience. The awareness and understanding of our personal cultural values and biases in the aesthetic experience, as a creator or an onlooker, are an essential competency for a creative arts therapy clinician. We will examine our personal appreciation for the arts and sense of what is beautiful and/or pleasing. This presentation will include exercises that bring forth parts of our cultural tapestry.

D5

Nourishing the Roots of the World Tree/ Sanando Las Raices del Arbol Mundial

(experiential)

Maria Gonzalez-Blue

Graciela Bottini

Kyoko Ono

Our world is made up of many cultures, each human being unique, special, seeking to find a way toward authenticity. At the root of the self lies a soul needing connection, longing for kindred spirits while hoping to stay true to the self. A soul that is nourished, held with deep respect, can grow to not only experience greater joy and fulfillment, but contributes to the whole. Join us as we share our collective cultural experiences in guiding individuals through the universal language of Person-Centered expressive arts. Using movement, art, sound and ritual we will nourish the soul and celebrate community.

D6

New Song Long Dance: Creative Cauldron of Individual and Community

(experiential)

Deborah Koff-Chapin

The "New Song Long Dance" is a multimodal expressive arts structure that offers participants an empowering experience of being part of a generative social organism. The Long Dance has a unique mandalic structure that contains a great range of expressive modalities in a manner that supports the unified field of the community. In this workshop, participants will be introduced to the elements of the New Song Long Dance and then be guided into an experience of immersion in the Dance. Participants will receive written support materials and be empowered to incorporate the process into their particular work or community setting.

D7

Social Action in Expressive Arts with Developmental Disabilities

(lecture, experiential, in two sections)

Barbara Devaney, Ellen McManus, Michaela Kirby, Victoria Buckley, Kristin Falvey, Carylbeth Thomas

This panel will present how social activism can emerge with individuals with intellectual and developmental disabilities through expressive arts, including collaborative theater, music and art therapy.

D7-1

Expressive Therapy's Transformative Power for Individuals with Intellectual/Developmental Disabilities

(lecture)

Michaela Kirby, Kristin Falvey, Carylbeth Thomas

Individuals with Intellectual and Developmental Disabilities have long been a marginalized group in society. Panelists will present on one organization's use of expressive arts in work settings that has helped to empower the programs and the individuals. The inclusion of the arts in these programs has inspired self confidence and pride, and developed social skills, as well as the capacity to relate and interact with others. Over the years, we have seen the arts transform not only the individuals with ID/DD but also the staff and the community, as individuals are seen for their abilities and as creative, capable people.

D7-2

Collaborative Theatre Production – Promoting Unity and Disability Awareness

(lecture, experiential, in two sections)

Ellen McManus, Victoria Buckley

The presenters will discuss their work as artistic caregivers in a state hospital. They will describe two phases of collaborative theatre production. The first stage is pre-production, the formation of the diverse cast: people with medical issues, people with psychiatric problems, artists, healthcare professionals, and high school students. The cast works together in workshops to tap their creativity and write a play. During this process, traditional roles facilitate surprising therapeutic changes and help all participants value each other more. The second phase of the project is performing the play for 6th grade classes, as part of their classroom curriculum on disability awareness. During the experiential part of the workshop, participants will practice exercises used in the first phase of the collaborative theatre process. Film clips also will be shown.

D8

Imprisoned by Concepts of Manhood: Freeing the Man Behind Bars

(experiential, lecture)

Nicki Koethner

Suraya Susana Keating

Evan Hastings

This workshop will show how to use the Expressive Arts in correctional facilities to bring about inner growth and social transformation among male inmates. Through drama therapy, movement, music, poetry, writing and drawing, workshop participants will experience the approach of the Theatre for Change program of the Resolve to Stop the Violence Project (RSVP), a unique Restorative Justice program in San Francisco County Jail. Participants will engage in dialogue about the challenges of using the arts with predominantly working-class men of color to address their violence in a structure that often paradoxically perpetuates violence.

D9

Aesthetic Action: Arts-based Research Panel

(panel, lecture, experiential)

Ellen M. Landis, Marisa Cornell, Diane J. Guelzow,

Sally Atkins, Helaine Sheias, Hadass Harel

This panel will present a variety of arts-based research practices and projects, including arts-based research basics; Sharevision: a collaborative reflective model used with secondary trauma; indigenous ritual and art in Hindu India; and ethno-autobiography.

1:30 - 3 pm – Friday Series E

(1.5-hour workshops and panels)

E1

Empowerment through Drama: Theater of Witness for Validation and Change

(lecture)

Rachel Brandoff

This session will explain the Theater of Witness model used in a project designed to explore the experience for adults with developmental disabilities of telling their stories in a community setting. Participants confirmed that the transformative powers of the arts in the Theater of Witness project provided an opportunity for empowerment and social change. This presentation will present the findings that participants felt empowered, validated, connected and proud of themselves after sharing their experience through play. Furthermore, this research explores the value of educating the community about developmental disabilities, and the strengths of persons who carry this label.

E2

“El Tendedero” The Clothesline: Different Faces with One Pain, Through Breaking Silence we Recreate Consciousness

(lecture)

Michelle Contreras

Michelle Harris

Erika Lally

From 1960-1996, Guatemala experienced a civil war where torture, genocide and mass killings were practiced. Approximately 150,000 to 200,000 people were killed or “disappeared.” Today, Guatemalans continue to struggle with ongoing societal violence as the aftermath of 36 years of internal conflict. The “El Tendedero” project provides training to Guatemalan clinicians as they collectively work to define trauma healing as culturally relevant and specific to their many diverse regions and ethnic populations. Art-making is a fertile complement to the didactic trauma training in Guatemala, functioning as both a source of containment and a nonverbal means of communicating what is only beginning to be expressed. Trauma-informed art therapy work in Guatemala requires an understanding of historical, intergenerational, complex and acute trauma, all of which will be defined in the presentation.

FRIDAY, AUGUST 14

continued

E3

Artsbridge, Inc.: Making a Difference Through Art (lecture)

Deborah Nathan

This presentation will outline the groundbreaking work of Artsbridge, Inc., which brings together Palestinian and Israeli high school students through expressive therapy, art and reflective dialogue. Participants will view the student's joint artwork, which includes two- and three-dimensional art as well as photography and film. Deborah also will provide an overview that details this unique model of working with youth in conflict.

E4

The Use and Transformation of Archetypes Along the Road to Peace (experiential)

Shelley A. Jackson

This workshop will explore common archetypes in literature, music and film in relation to their messages about peace. Using storytelling and poetry, participants will construct their own pathway to peace guided by their archetypes. Participants also will work with multiple mediums to create a champion for peace that will be shared in a closing ceremony.

E5

Weaving a Web Around the World (lecture)

*Meredith Casper, Leanne Maloo Haynes,
Betsy Naylor, Lindsey Smith, Connie Carringer*

With the expansion of the arts into global education, wellness and justice, there is a call for action and organization. Appalachian State University offers its expressive arts honor society, Orchesis, as a model of community and as a foundation that links student, professional and personal development across the region, country and globe. It is our hope that Orchesis, on an international level, can be a space in which to share creative endeavors, as well as a forum to voice passion, practices and promise for the expressive arts therapies.

E6

Intention, Direction, Action: Imaginal Processes and Creative Change (experiential)

Dorit Netzer

In this workshop, participants will be introduced to a creative process that facilitates desirable change on personal, interpersonal and transpersonal levels. Through a series of imaginal processes – mental imaging, embodied writing and expressive arts – participants will engage in identifying their intention for change, clarifying a direction of movement, and gaining experiential knowledge of the seed action in their creative expression. Participants also will have the opportunity to share their experience with others and consider how might they apply this transformational process in their daily lives and professional practices.

E7

Artistic Expressions of Marginalization and Tolerance: A K-8 Public School Community Arts Project (lecture, experiential)

Liz Rose

Teresa Lee

Anna Ward

Through experiential and presentational formats, participants will be introduced to an educational community arts model that was implemented in a K-8 public charter school as part of a year-long research project funded by a university grant. Faculty from history, English, visual arts, music and theatre collaborated to construct and implement this project with public school students and teachers, culminating in a final performance based on student writings and artistic expressions of marginalization and tolerance. The presenters will discuss and model the project's goals, process and findings through an experiential format.

FRIDAY, AUGUST 14

continued

E8

Action Theater Improvisation: An Experiential Workshop in Movement, Sound and Language

(experiential, performance)

Billie Jo Joy

Action Theater is a unique form of physical improvisational theater in which one practices the art of presence. In this experiential workshop, we will warm-up the body and voice to engage in fun and rigorous exercises that isolate and then re-combine movement, sound and language. Working in solos, duets, trios and ensembles, we will learn about our creative impulses, habits and perceptions. We will uncover links (and missing links!) between mind, body and spirit. When we are “in the moment,” every cell of our being responds and the environment we are in changes as a result of it. Action Theater is a practice that cultivates this awareness.

E9

Motherblood, a Short Play and Interactive Process Exploring Middle East Peace

(performance)

Susan Nisenbaum Becker

Saphira Linden

The play is an encounter between two mothers – one Israeli, the other Palestinian. Both survived significant losses. They struggle with each other, sharing a wide range of feelings regarding their complex personal and political situations. This meeting changes these two women’s lives. After this short performance, workshop participants will experience a sociodramatic experiential process, creating the “next scene” toward creating solutions for peace in the Middle East.

E10

The Hand that Rocks the Cradle: Peacemaking Begins at Home

(experiential, lecture)

Suzanne Laberge

Can children grow up to be peaceful adults if they have had no experience of peace? When parents are divorced, separated or in transition, children are often caught in the middle. Unhappy children are unequipped to deal with internal or external conflict productively. Uncertain of who they are, they get in trouble in school, cannot concentrate, and learn to lie to avoid trouble, saying what they think an adult wants to hear. Parents and children all need help. This workshop includes

lecture, slides, case examples and experiential exercises that explore how the magic of Expressive Therapy works for family members of all ages.

E11

A Year of Long-Distance Creative Exchange and Regeneration

(lecture, experiential)

Rebekah Windmiller

Adriana Marchione

What would an ongoing artistic practice accompanied by long-distance community support mean in the lives of practitioners of the expressive arts? Two expressive arts therapists addressed this question by conducting an informal research process from separate shores of the United States, challenging themselves to commit to consistent studio practice and then reflect through a meaningful dialogue across the miles. This presentation will provide a review of their yearlong creative exchange, discussion about the role of personal creativity for expressive arts practitioners, and inspiration to begin a more connected, global expressive arts community.

E12

Community Action through Art in El Salvador

(lecture)

Ruth Gutfreund

This workshop will focus on the presenter’s three different projects in El Salvador that share the common thread of being social interventions in a deeply troubled society and culture. The pieces of work include a Prevention of Violence and Juvenile Delinquency Project in seven districts in semi-rural, high-risk areas, a Learning to Live Together Project in a semi-rural area, and a Project of Social Interaction between children from a rural public school and children from a bilingual-private school.

FRIDAY, AUGUST 14

continued

3:30 - 5 pm – Friday Series F

(1.5-hour workshops and panels)

F1

Mentoring, Social Action and the Expressive Arts

(lecture, experiential, performance)

Nancy Beardall

The Mentors in Violence Prevention Program (MVP) is a high-school mentoring program that promotes gender respect and helps prevent bullying, sexual harassment and teen-dating abuse using the expressive arts in middle and high schools. Relation to self, other and “we” are all multiple ways of coming to the center of inner or embodied knowing, and of transferring that knowledge into action. Participants will explore the “Integrated Pedagogical Process” and how it applies to this mentoring program and the wellness/prevention work in public schools. Discussion will follow, culminating with viewing a DVD of students who were involved in the mentoring and social action process. Several former high school mentors will share their experiences and contribute to the dialogue.

F2

Creative Process as a Catalyst to a Group Performance

(performance)

*PhD group: Ethelyn “Mila” Anguluan-Coger,
Rachel Brandoff, Jodi Brereton Souter,
Susan Paul Firestone, Becky Fleetwood,
Nicole Hahna, Hod Orkibi, Michal Shanti-Canetti,
Ralitza M. Vladimirov*

This performance is presented as an homage to the individual and group creative process that emerged over the course of the first year of study for a group of international expressive arts students. The creative process featured in this presentation emerged through the students’ collaborations, both in-person and online, and served as a catalyst to fuel each other’s creative processes. This presentation will share the participants’ process and some outcomes of their creative work in art and performance.

F3

Transforming a Shadow World: Expressive Arts to Enhance Empathy and Promote Pro-social Behavior

(panel, lecture, experiential)

Lisa Merrell

Travis Merrell

Amy Pfenning

This panel will present case studies to explain how to use Expressive Art Therapies with adult sexual offenders to create a new self-concept and to achieve greater safety for our communities by facilitating access of emotions, verbal expression and demonstration of empathy. This experiential workshop also will focus on maximizing the potential of each person and how these therapies complement different treatment modalities.

F4

Living Newspaper as a Vehicle for Intergroup Dialogue

(lecture, experiential)

June Rabson Hare

Ofra Armoni-Faiman

The Living Newspaper is often a warm-up technique in Playback Theater, drama therapy, creative drama and sociodrama. In this presentation, we shall review the history of the Living Newspaper during the 1900s and then give a contemporary example of how Living Newspaper is used with a group of actors in the Negev region of Israel. The session continues with an experiential module in which participants will be invited to explore some techniques derived from Living Newspaper, which can be adapted for peace-building and intergroup dialogue in situations of hot or ongoing conflict.

F5

Looking Beyond the Veil: Can You Know the Other?

(experiential)

Kendall Dudley

The abaya, the black, body-concealing garment worn by traditional Iraqi, is a potent image that highlights the differences between “us” and “them,” self and other. The war in Iraq has created a minefield of imagery of its own while indigenous images of Iraqi culture further widen the perception of difference. By putting ourselves in the “shoes,” or, literally, the abayas, of others, what can we learn by looking in the mirror, and by writing, moving and creating images in response? Small groups will process their findings, synthesize them onto murals, and widen the language and tools for peace and reconciliation.

FRIDAY, AUGUST 14

continued

F6

**Body Eloquence:
The Healing Power of Storytelling**

(experiential)

Nancy Mellon

Drawing together creativity, medicine and the power of imagination, this path-breaking workshop will inspire all who tell and work with stories. Exploring new ideas about the therapeutic power of stories, you will discover the transformative healing potential of the story process, with guidelines for research and practice. The world's stories are gateways to the body's intuitive wisdom. Discover plot lines, characters and landscapes that reflect exact physiological conditions, as described in the award-winning book, *Body Eloquence: The Power of Myth and Story to Awaken the Body's Energies*.

F7

**Arts and Healthcare: Finding Hope
and Overcoming Illness through
Rituals and Imagery**

(panel, experiential)

Heather Cameron

Aya Kasai

This panel will discuss how to use the arts in healthcare to foster social awareness and support. Presenters will introduce awareness of how visual images (i.e. photographs) allow for non-verbal communication and exploration of hidden or unrealized feelings and emotions. Participants will explore the use of expressive arts for pain management through experiential activities.

F8

**Staying Light on Our Feet:
Forbidden Responses to Oppression**

(experiential)

Lisa Herman

Rowesa Gordon

How do we allow ourselves a full range of feelings toward the “other?” And how do we learn to be accountable for our response? How do we not sound like pedantic, politically correct bores? Instead of politically correct, how can we be poetically correct? In this workshop, we'll play around with our own pre-conceptions and possibly worn-out perceptions of oppression. We'll begin to explore our capacities to use and abuse power, and find an image to call upon as an inner resource to work for change.

F9

**Confronting Domestic Violence
through Expressive Arts Therapy:
Finding Hope in Safety**

(panel, experiential)

Lisa Silveria

Janet Novotny

This session will look at the complex dynamics found in incidents of domestic violence and expressive arts interventions that can be used to educate, empower and heal. The panelists also will present research on activism in the healing process through an interactive performance piece.

F10

**Move On! Social Paralysis into
Social Action Using Expressive Arts**

(experiential)

Shoshana Simons

Urusa Fahim

How many of us have ideas in our heads about what we might do to interrupt the social injustices we see around us, and yet feel paralyzed to act? In this workshop, we use expressive arts modalities to free up our ability to respond in fresh ways to the multiple challenges facing us individually and collectively in our social world. Drawing from their ethnic, national, religious and sexual-orientation differences as sources of strength, the presenters introduce playful and creative ways through which we can “thaw” the effects of social paralysis and become more effective allies against injustice.



F11

Crossing Borders 30 Years Later: Two Muses Reunite in Story

(experiential, performance)

Terri Halperin-Eaton

Colleen Hillock

Tap into the power of storytelling as two best friends from different countries impart how each of their creative processes have unfolded since graduating from their shared days in expressive therapy studies. Witness a performance that will explore the challenges and victories they have experienced separately within their own cultures as they set out to transform themselves and their families, clients and graduate students. Participants will engage in an experiential process to reflect upon their personal journeys of transformation, and explore the power that story plays in peace-ing their world together.

F12

Introduction to the Non-Directive Approach to Play and Expressive Arts

(experiential)

Anna Clarke

Charlotte Yonge

This session begins with an introductory talk about the therapeutic, non-directive approach to play and expressive arts, and a demonstration of reflective listening and how to do it through play. Working with a sand tray in pairs, participants then will practice reflective listening in turns with each other, receive brief verbal feedback and journal their insights. Discussion will follow to explore and contrast participant experiences and views. The presenters also will explain the non-directive approach's particular therapeutic role in social change, and describe its use for individual children, parenting training, professional child-care training and community groups.

SATURDAY, AUGUST 15

POST-CONFERENCE WORKSHOPS

1:00 - 5:00 pm

These workshops are included in the price of the full conference fee, or you can purchase the event separately if you cannot attend the full conference.

When registering for the conference online, please indicate your first, second and third choices by selecting the session code listed above the workshop titles.

POST-1

Rituals of Compassion

The Appalachian Expressive Arts Collective:

Sally Atkins, Joan Woodworth, Harold McKinney,

Liz Rose, Jack S. Weller

For centuries, many peoples worldwide have used the arts in ritual practices to create community, to restore both intrapersonal and interpersonal balance, and to suggest appropriate ways to live through daily and seasonal ceremonies of storytelling, music, movement and art making. In this experiential workshop, we will practice and discuss arts-based rituals to support peace and foster the sustainability of human and non-human life. We will share individual and community rituals, their sources, and applications for self care of the artist/therapist and for the creation of peace and community.

POST-2

Inner Peace, Serenity and Passion through Japanese Culture

Kyoko Ono

In this experiential workshop, we will explore our sense of inner peace, serenity and passion through Japanese traditional arts including music, dance and sumi-e painting. We also will discuss how different cultures stimulate and arouse different parts of the self. When we can respect other cultures and find our own sense of peace within, we can build more peace in the world.

POST-3

The Sound of Community: Midwifing the Voice

Nina (Anin) Utigaard

Having a voice is a powerful resource that many are uncomfortable using. Not being able to use one's voice, for whatever reason, can result in feeling unheard, invisible or devalued. This can happen on an individual or community level. How can we support others to find

their true voice? How is the voice linked to our own health and our community's health? Using the person-centered approach with movement, drama, music, sounding and art, we will explore the power of the voice and ways to use the voice in therapeutic settings. Participants also will experience the "Authentic Voice" technique.

POST-4

Peace-ing the Roots

Graciela Bottini and PCETI Argentina

Peace-ing our world together is a purpose, an opening to the future. History is not an abstract concept – it's alive. Like a wheel in movement, it has a rhythm, a pulse, a past, a present and the unknown future. Peace-ing the roots is a purpose that opens the future, unthreading the ancient, mute knots of the past that mysteriously are actualized building obstacles in the present moment. We, like human "somebodies," keep old memories in our cells, in our blood, in our bones. It is time to release and transform them! Participants will have the opportunity to clear past hurts alchemically through the "possible magic" of Expressive Arts.

POST-5

The Expressive Body:

The Work of Tamalpa Institute

Adriana Marchione and Anne Foley Alper

This workshop in movement-based expressive arts therapy brings to participants one of the first approaches to shape the field, developed at Tamalpa Institute more than 30 years ago. Body and imagination will be brought into creative dialogue using movement, drawing, poetic writing, reflective questions, improvisation and performance rituals. The metaphors of our body will generate artwork relevant to the narratives, challenges and burning questions of peoples' daily lives. Following the experiential portion of the workshop, graduate Anne Alper will lecture about her client work with Tourette's Syndrome to further demonstrate the Tamalpa approach and its relevancy to the practice of expressive arts as an educative and transformative process.

POST-6

A Piece on Peace

Keren Barzilay-Shechter and Yousef Al-Ajarma

With the war in their home country waging on, the presenters – an Israeli Jewish woman and a Palestinian Moslem man – met in Lesley University's expressive therapies Ph.D. program. During their studies, they used the healing powers of art and delved together into a journey of self-exploration, from which an interactive theatre workshop has emerged. The session includes a short performance about their personal narratives presented through verbal dialogues, movement and national songs/chants. The workshop concludes with an experiential process based on expressive arts techniques.

POST-7

Coming From Somewhere Else: Experiences of Transparency in "Waiting"

Julia Byers

Inspired by clients from the Cambridge Legal Services and Counseling Center, this workshop explores social action advocacy for immigrants and refugees who must wait in abeyance as they seek legal status in the U.S. The presentation is for expressive arts therapists, mental health professionals, educators and students who would benefit from a greater understanding of this social issue. Through the medium and metaphor of "Scotch Tape," a tool for expression and community building is used as a "polymerization of hope" (Byers, 2004). This workshop focuses on the extraordinary strengths of a minority population who have multiple talents, skills and character attributes to share compassionately toward peace initiatives.

POST-8

The Arts as a Catalyst to Spark Civic Dialogue

Lisa Donovan and Prilly Sanville

In this session, the presenters and participants will co-create a space for civic dialogue through an interactive exploration using drama, movement, image and text. Participants will explore an issue of significance to them through role-play, tableaux, movement, collage and short performed phrases. Through performance-based work, participants will raise questions, explore context and reveal the subtext of a variety of issues.

PRESENTERS

YOUSEF AL-AJARMA, MA, is pursuing his PhD and is adjunct faculty at Lesley University in Expressive Therapies. His focus is the use of arts to heal ongoing trauma in the Palestinian community. Yousef grew up in the Aida refugee camp near Bethlehem in Palestine and has worked with traumatized children and adults. He studied social work and psychology at Bethlehem University and Expressive Arts Therapies at the European Graduate School in Switzerland.

ANNE FOLEY ALPER is a Tamalpa Institute graduate and Board Member. She has worked with Anna Halprin on the Seniors Rocking Project and interned with Daria Halprin at the Tamalpa Institute Training Program. Her service to the expressive arts community has been as a consultant/educator for developmentally disabled adults, the elderly, Tourette's syndrome individuals and families, and LGBTQ teens.

ETHELYN "MILA" ANGULUAN-COGER, a member of the National Association for Drama Therapy, has created intergenerational projects through story for Filipino-American elders and community and university youth in Los Angeles, CA. A native of the Philippines, she claims the United States as her adopted country.

IRENE ANTONELLIS, MA, MT-BC, is a music therapist and social activist with 10 years experience designing creative youth empowerment programs.

OFRA ARMONI-FAIMAN, MA is a theater director, actress and group facilitator affiliated with the Negev Theater, Israel.

SALLY ATKINS, EdD, REAT, REACE, poet and ritualist, is Professor of Human Development and Coordinator of Expressive Arts Therapy at Appalachian State University, core faculty of the European Graduate School, a founding member of the Appalachian Expressive Arts Collective, and co-author of *Expressive Arts Therapy: Creative Process in Art and Life*.

KEREN BARZILAY-SHECHTER, MA, an expressive therapist specializing in psychodrama, has worked with children and adults in community clinics, prisons and mental hospitals in Israel. She is a Doctoral candidate in Expressive Therapy and an adjunct faculty at Lesley University. She is researching the role of the psychological defenses in the Israeli psyche within the context of the Israeli/Palestinian conflict.

STELLA BAY, MA, received her Master's degree from California Institute of Integral Studies (CIIS) in 2004. She has more than 10 years of experience working as an advocate, counselor and group facilitator. Stella is passionate about using the transformative power of the arts to create peace and social justice.

NANCY BEARDALL, PhD, ADTAR, CMA, LMHC, is Assistant Professor and Coordinator of Lesley University's Dance Therapy Program. As a dance/movement therapist, Laban/Bartenieff-trained movement analyst and educator, Nancy's work has focused on dance, dance/movement therapy and social-emotional development using expressive arts in public schools.

ELIZABETH BORNSTEIN, MSSA, LCSW, is a Certified Family Mediator and co-owner of Expressive Arts Florida. She holds a Certificate in Art and Healing from Ringling College and is a Counselor for Sarasota Memorial Health Care System's Institute for Cancer Care. Elizabeth offers expressive arts therapy, coaching and consultation, with a mind-body focus.

GRACIELA BOTTINI, PhD, REAT, is the former Director of the School of Drama, Universidad del Salvador-Argentina, and Vice President and co-founder of Latinoamerica IPA-Argentina (For Children's Right to Play). She graduated from the Person-Centered Expressive Therapy Institute (PCETI), U.S., and is the Co-Founder and Director of PCETI-Argentina. Graciela also is an art therapist from ECP and an official representative of the Creative Connection® process.

RACHEL BRANDOFF, MA, ATR-BC, LCAT, is working toward her Doctorate in Creative Arts Therapies at Lesley University. She teaches at Marymount Manhattan College and the College of New Rochelle. Rachel is a founding partner of the Creative Arts Therapies Center in NYC, where she sees private clients.

ELLEN BROCHMANN is a clinical social worker and expressive arts therapist. She uses expressive arts therapy in social services cases involving child neglect and abuse, and with children and adolescents in a psychiatric outpatient unit. She works closely with the police and court system.

STEPHANIE BROOKE has more than 14 years of teaching experience in psychology, sociology and philosophy. She earned her certification in Art Therapy from Nazareth College. Stephanie has published three books on art therapy, edited several books on the use of the creative therapies, and published journal articles.

COLLEEN DENISE BROWN is an arts-based reconciliation practitioner, a member of Corrymeela and active in pastoral ministry.

VICTORIA BUCKLEY is a Department of Mental Health Occupational Therapist at Tewksbury Hospital, liaison to the Arts and Healing Program. She graduated from Harvard University magna cum laude in psychology and from Tufts University with a Master's degree in OT. She believes the healing arts are essential in recovery.

JULIA BYERS, EdD, was the Division Director of Expressive Therapies and Professor (1996 to 2008) at Lesley University and now serves as Coordinator of the Art Therapy program. She previously served as the Coordinator and Professor at Concordia University in Montreal, Canada, for 15 years. Julia has presented workshops, training and lectures in 12 countries in alternative mental health and expressive therapies treatment and crisis intervention. She is a board member of the Cambridge Legal Services and Counseling Center.

HEATHER CAMERON, a photographer, will complete a graduate program of study in Community Counseling with a certification in Expressive Arts Therapy at Appalachian State University in May 2009. Heather is interested in the use of photography in the therapeutic setting through the disciplines of phototherapy and therapeutic photography.

KATRINA CARYE is a board-certified, registered art therapist and a licensed mental health counselor who is starting the low-residency PhD program in expressive therapies at Lesley. She has a private practice for art and sandplay therapy in a storefront in Brookline that also serves as a public gallery where she exhibits contemporary art.

CONNIE CARRINGER is a Master's candidate in Community Counseling and an Expressive Arts Therapy Certificate student at Appalachian State University. One of her interests is incorporating Appalachian crafts, music, dance and storytelling into therapy. She is a member of the Orchesis Honors Society Leadership Council.

MEREDITH CASPER has a BA in Psychology from Ohio University and coursework from the School of the Art Institute of Chicago. She is a Master's candidate at Appalachian State University in School Counseling with a certificate in Expressive Arts Therapy. She is devoted to the arts, education and international populations.

MARIAGNESE CATTANEO, PhD, LMHC, ATR-BC, is a Professor at Lesley University in the Expressive Therapies Division. She has taught in this program since its inception and is responsible for clinical training in expressive therapies. In 2008, she received from AATA the distinguished Art Therapy Educator Award.

CENIRA is an artist, expressive arts facilitator, intuitive counselor and instructor with more than 30 years experience creating and exhibiting her art. For 27 years, Cenira has led workshops for different ages and groups in several countries on arts, symbolic and expressive arts, energy healing, meditation, creative bioenergetics, holistic education, environment and nature connection.

SILVIA LOPEZ CHAVEZ joined RAW Art Works in 2008 as a Teaching Artist. A native of the Dominican Republic, she received her BFA at the Massachusetts College of Art in Communications Design. She is an award-winning graphic designer and has exhibited paintings nationally and internationally. Silvia has worked with many youth community art programs, painting murals and leading summer art workshops in the Boston area.

ANNA CLARKE founded the Play Team Association in 2006, after many years training with Natalie Rogers and developing the non-directive play and expressive arts approach. A trained teacher and therapist, she works as a Non Directive Play Trainer, and Creative Director, pioneering learning support in schools.

MICHELLE CONTRERAS, MA, is a Project REACH consultant at the Justice Resource Institute (JRI) Trauma Center. She has a license in Clinical Psychology from the Universidad Rafael Landívar in Guatemala City, Guatemala (1999), and received her Master's from the Boston Graduate School of Psychoanalysis. She is a Harvard Medical School Clinical Psychology Fellow.

MARISA CORNELL, MA, is a graduate of the Community Counseling and Expressive Arts programs at Appalachian State University and is pursuing a Doctorate in Educational Leadership. She is particularly interested in social justice, travel, natural health and wellness, and dark chocolate.

RACHEL CRAIG, a community healing activist, is a family/group therapist at Corrymeela, a community committed to reconciliation in Ireland and the world.

DEBORAH CRANE holds a certificate in Voice Movement Therapy, from Oxford-Cambridge and RSA Examinations Board, after training with VMT founder Paul Newham, and a MA degree from Villanova University. She has maintained a VMT practice for 10 years, is an accomplished presenter, and has more than 20 years of experience counseling at-risk youth.

JASON CRUZ, MA, Clinical Supervisor at RAW Art Works, received his Master's in Expressive Arts Therapy and was a recipient of the Lesley University's Outstanding Achievement in Graduate Studies Award. A native of Puerto Rico, Jason has his own art and photography business, CRUZ ART, and is a youth minister at St. Stephens Episcopal Church in Lynn, MA. He co-founded Build a New America Fellowship, which addresses racial and social issues through action.

ANNA DENSERT is a social worker and expressive arts therapist in the Swedish public health system. A graduate from the Swedish Institute of Expressive Arts, she attends European Graduate School, Switzerland, where she is writing a Master's thesis with an emphasis on the tradition of quilting and storytelling.

BARBARA DEVANEY, MFT, directs the Anchor Program, a community mental health outpatient program in San Francisco that offers individual, family and group therapy integrating the expressive arts for adults with intellectual disabilities (ID). Her private practice serves adults with ID and others.

B. ALICIA DIAZ, MFT, is an Expressive Arts Therapist working in the Latino community, focusing on culture, grief and the expressive arts. Ms. Diaz graduated in 2002 with an MA in Expressive Arts Therapy from California Institute of Integral Studies in San Francisco.

GENE DIAZ, an Associate Professor at Lesley University, is an artist and ethnographer who teaches graduate courses in curriculum and qualitative research methods. She presents research in arts curricula at national and international conferences, including El Arte de la Pedagogía at the Conferencia de Redes Artísticas de Medellín, Colombia in 2007.

BEAU DIEHL, MA, LMHC, co-founded RAW Art Works in 1988, where she has worked as a team leader for the Department of Youth Services, a trainer, outreach coordinator and leader of Art Tag, RAW's collaborative program with elementary schools. In 2008, Beau retired from RAW to work in her private practice in Amesbury, MA, where she counsels children, adolescents and adults, utilizing expressive and other experiential psychotherapies.

JEAN-PAUL "J.P." DISCISCO, the Film School Coordinator at RAW Art Works, leads Advanced Film School classes and continues to produce his own films, which have been screened at festivals across the country. His film *Bairstow and Miller* won Best Screenplay, Best Film and Best Actor at the 2007 Artists' Exchange Film Festival in Rhode Island.

VICTORIA DOMENICHELLO-ANDERSON, MA, REACE, is faculty and co-founder of the Art and Healing Certificate Program at Ringling College of Art and Design, and co-owner of Expressive Arts Florida. She facilitates a variety of expressive arts sessions in the community, including people with parkinsonian syndrome and children with autism. A visual artist, she believes in the art process as a pathway to authentic inquiry, and individual and community growth.

KATE T. DONOHUE, PhD, REAT, was a founding member of IEATA and CIIS' Expressive Arts Therapy (EXA). She is a board advisor and teaches at California Institute of Integral Studies. Politically active since childhood, Kate has encouraged artist responses to social issues in her work. As president of the NCPsySR, she created an arts program called "Give Peace a Chance."

LISA DONOVAN, PhD, is the Director of Creative Arts in Learning at Lesley University. A theater artist and arts based-researcher, she uses theater as a tool for social change. She creates original scripts based on issues of interest to the community she is working with, and encourages participants to access their own voice and listen to others.

KENDALL DUDLEY, MA, of Columbia University is a painter and career/life direction consultant who presents at national conferences and at Harvard and Lesley Universities. His public art events often integrate social justice themes, his Peace Corps work in Iran, and studies in Islamic art and culture.

TAMAR REVA EINSTEIN, MA, has a Master's in Expressive Arts Therapy from Lesley University and CAGS European Graduate School, Switzerland. She lives and works in Jerusalem as an artist, arts therapist, supervisor and teacher. Tamar is devoted to crossing cultural barriers and embracing diversity, and is the mother of a teenage son who attends a bilingual multicultural school.

URUSA FAHIM, PhD, is a faculty member at California Institute of Integral Studies. She has worked in the field of development management, managed diversity outreach for a Buddhist meditation center and has extensive teaching experience. Her interests include research methodologies, group process, collaborative creativity, intercultural communication and women's leadership.

LEIGH FALLS, PhD, LPC, RPT, is an Assistant Professor, Counselor Education, at Texas Woman's University. Leigh has more than 15 years of experience working in the counseling field. She has been a school counselor, a crisis intervention specialist and a sex offender counselor. She brings valuable expertise in the area of how expressive arts therapy affect brain chemistry.

KRISTIN FALVEY is the Director of Developmental Disabilities Services, Center House Division, for Bay Cove Human Services.

SUSAN PAUL FIRESTONE, LCAT, ATR-BC, MA, MFA, worked in three downtown schools that were evacuated at the time of the World Trade Center tragedy. She worked for the Red Cross 9/11 School Recovery Program and Manhattan Youth After School Program, seeing elementary and middle school students, as well as parents and staff.

BECKY FLEETWOOD, MA, LACT, a music and creative arts therapist, is co-founder of the Creative Arts Therapies Center in NYC. She is adjunct faculty at New York University, and PhD student in Expressive Therapies at Lesley University. Her research, publications, presentations and clinical work focus on active transitions and co-creating in arts-based psychotherapy and supervision.

HALEY FOX has engaged in arts-based psychotherapy, writing, research and supervision for 20 years. A former core faculty at Lesley University and co-author of *Minstrels of Soul*, she now lives in the Midwest. Haley honors art as soul-making work that heals psyche for individuals everywhere and also can heal the world.

CHRIS GAINES, BFA, an award-winning filmmaker and photographer, is director of RAW Art Works' Real to Reel Film School. Prior to joining RAW, he worked as a senior editor and assistant producer of a nationally broadcast business show, assistant director of a televised nightly news magazine, on a weekly public television program on Latino interests and as a motion graphics designer. He has taught film at the high school and university levels.

SHERI GAYNOR, REAT, is the author of *Creative Awakenings: Envisioning the Life of Your Dreams* through Art. A licensed psychotherapist, and professional coach, she has 20 years experience working in mental health agencies and her own private practice. Her specialty areas have included child and family therapy, addictions, health and healing, expressive arts therapy and women's issues.

DAVID GERE, PhD, is director of the UCLA Art | Global Health Center and its signature project, MAKE ART/STOP AIDS. His current work includes traveling art exhibitions, community-based collaborations between artists and people living with HIV/AIDS, STI/HIV education programs for teenagers, and a hospital-based cable radio program.

SOPHIE GLIKSON, LMHC, CET, MA offers expressive arts therapy to individuals in private practice since 1989. She has taught in the Graduate School at Lesley University since 1994. She collaborated in the development of a new Expressive Therapy Studio Course, which she co-taught in Spring 2009.

JANE GOLDBERG, PhD, LMFT, REAT, CET, founded the Expressive Arts Training Institute in Newport Beach, CA in 1986. She has led professional training programs and workshops locally, nationally and internationally for more than 24 years. She is a founding member of IEATA and served on the board from 1998-2000.

MARIA GONZALEZ-BLUE, MA, REAT, REACE, is an Expressive Arts Therapist and Consultant/Educator. She teaches at California Institute for Integral Studies in San Francisco and has taught in Mexico, Argentina and Guatemala. She was a faculty member of the Person-Centered Expressive Therapy Institute from 1991 to 2004. She sees the arts as a pathway to Spirit.

ROWESA GORDON'S approach is relational. She believes that therapy, the arts and education also must be conscious and intentional acts of social change, honoring multiplicity and staying open to the possibility of personal transformation, in all its many forms.

ROSA GRANADILLO-SCHWENTKER, PhD, is an international lecturer-facilitator, and a Dance and Expressive Arts Therapist. She teaches at the Institute of Transpersonal Psychology and Center for Culture and Diversity. She also directs ShiftinNRG. Her interests include Toltec, Caribbean and Eastern feminine shamanism, multicultural expressive arts, energy psychology and medicine, and their impact on the community.

DIANE J. GUELZOW spent 25 years teaching before earning her MA in Community Counseling and a post-graduate certificate in Expressive Art. She is a graduate research assistant and a full-time doctoral student in the Educational Leadership Program at Appalachian State University, where she is exploring art-based research and counseling.

RUTH GUTFREUND, a Jewish-Salvadorian, trained in Art Therapy in England, and has worked in England, Israel and El Salvador. She has worked in a wide variety of frameworks with different populations. She enjoys community action, private practice and teaching.

NICOLE HAHNA, MS, is a music therapist, adjunct faculty member at Appalachian State University, and PhD student in Expressive Therapies at Lesley University. Her research, publications, presentations and clinical work focus on the use of music therapy with child and adult survivors of intimate partner violence.

TERRI HALPERIN-EATON is an Expressive Arts Therapist who has practiced for 30 years in private practice and within treatment programs. She is adjunct faculty at Lesley University, Cambridge as well as the Director of Expressive and Milieu Therapies at Walden Behavioral Care, MA. Her work focuses on the treatment of eating disorders.

LINDA HAMMOND, RDT, REAT, LMFT, has a private practice in San Francisco and Berkeley. She is Core Faculty in the Expressive Arts Masters program at the California Institute of Integral Studies and has a background in theatre. She is passionate about theatre's power to foster healing and transformation with individuals and to be a resource for social change.

JUNE RABSON HARE, PhD, is a social worker and psychodramatist in clinical and community settings. June teaches at Ben-Gurion University of the Negev, Israel.

HADASS HAREL, MA, LMHC, ATR-BC, is a psychotherapist, trauma specialist and expressive therapist practicing on the South Shore of Massachusetts, and a community-worker in the multicultural inner city of Brockton. Her research in India spans 20 years of shared arts, dance and ritual with traditional communities of faith in Varanasi and Kolkata.

MICHELLE HARRIS, MA, ATR-BC, LMHC, is a clinician, trainer and faculty at the Trauma Center in Boston. She trains teachers in Boston public schools on approaches to improve learning outcomes for students with trauma exposure. Michelle also runs an art space at Harvard University and teaches at Lesley University.

EVAN HASTINGS, MA, a theatrical educator, poetic performer and innovative activist, integrates Theatre of the Oppressed, Drama Therapy and elements of Hip Hop culture into his approach to artistic social healing. He facilitates Hip Hop Theatre groups in schools and correctional facilities and is an arts integration consultant.

SHALENE HATTON, MFTI, ATR, is an alumni of Lesley University and currently runs the art therapy program at the Children's Health Council's EBC School in Palo Alto, CA. She is passionate about providing clients with skills and opportunities for thriving in professional art communities.

LEANNE MALOO HAYNES received her Master's degree in Community Counseling and Expressive Arts Therapy from Appalachian State University. She is passionate about connection to experience, people, community, environment and the world. She connects with others through teaching, dance, writing, the arts, community, international travel, volunteerism, spiritual practice and facilitating workshops.

VERA HELLER, PhD, works in Montreal as an Art Therapist and Mental Health Counselor, and teaches at the University of Quebec. Parallel to her clinical work, she has maintained a studio practice since 1983 and participated in various group exhibitions, both in Canada and abroad.

LISA HERMAN, MFT, PhD, REAT, is core faculty at the Institute of Transpersonal Studies and the Institute of Imaginal Studies. She sees the job for therapists, educators and guides is to increase capacities to hold all the sounds and movements of human experience and express them through the arts. She believes change comes in-between things, and recognizes the need to be flexible and steady to facilitate the space and time for uncertainty.

DANIEL HERRING has a BFA in Acting from Emerson University and an MA in Expressive Therapy from Lesley University. He has practiced mindfulness meditation since the mid-1970s and has worked with mentally ill individuals since 1982. He teaches at Lesley and supervises clinicians and interns at a mental health center.

COLLEEN HILLOCK, MEd, is the Coordinator of the Addictions Counseling Program at Medicine Hat College, Canada, which addresses the research, theory and clinical practice of alcohol, drug and gambling addictions, as well as eating and sexual disorders.

BECCA GREENE-VAN HORN offers drama therapy and EI coaching to children and adults in Amherst, MA.

KATHLEEN HORNE, MA, LMHC, REACE, is co-founder and faculty in the Art and Healing Certificate Program at Ringling College and co-owner of Expressive Arts Florida. She created "Art as a Healing Practice," combining guided meditation, deep listening, art and writing. An IEATA board member, she offers consulting, workshops, mentoring, supervision, psychotherapy and CEU trainings.

SUSANNAH HORWITZ, MA, a singer/songwriter, visual artist and expressive arts therapist, is Project Launch Director for RAW Art Works. She received her Master's from Lesley University in Expressive Therapies and has more than 15 years of experience with youth in both educational and therapeutic contexts.

CELINE HUNT, MS, (co-presenting with Shannon Stevens and Michaela Kirby) has a Master's degree in art and expressive therapy from Lesley University. She met Shannon as a fellow student through Lesley's undergraduate art therapy program, where Michaela was Program Coordinator.

SHELLEY A. JACKSON, PhD, LPC, RPT-S, teaches at Texas Woman's University. She previously was a school counselor and a play therapist in private practice. Her first expressive arts therapy experience involved swimming with dolphins. She uses expressive arts in teaching and supervision, and recently published three articles.

EMILY JOHNSON graduated with an MA in Expressive Therapies and Mental Health Counseling from Lesley University in 2008. She has two years experience working with cancer patients and their families.

BILLIE JO JOY, MEd, RYY, is a founder of Art & Soul, a studio dedicated to the contemplative and expressive arts. She is a teacher, dancer, writer and director with numerous credits in theater and film. She has taught at Salem State College, Emerson College, and currently at The Boston Conservatory.

JESSICA KAPTCIANOS, MA, MT-BC, is a singer-songwriter and music therapist who embraces the beauty of cultural diversity in her work.

AYA KASAI, MA, MFTI is a graduate of the expressive arts therapy program at California Institute of Integral Studies. Aya worked in a skilled nursing unit of a large San Francisco hospital during her practicum and wrote a thesis on the use of expressive arts to help patients deal with pain issues.

SURAYA SUSANA KEATING, MFT, RDT, is an actress, director, yoga teacher and Registered Drama Therapist who utilizes theatre and movement as tools for individual and social transformation. She directs a Shakespeare program with inmates at San Quentin, runs a prison-based original performance project, and teaches and directs youth theatre and dance in schools.

MUKTI KHANNA, PhD, is a clinical psychologist, interdisciplinary educator and expressive arts specialist. She creates expressive arts dialogues on nonviolence, anti-oppression and sustainability. She is a Professor at The Evergreen State College in Washington and graduate of the Person-Centered Expressive Therapy Institute.

MICHAELA KIRBY, PsyD, ATR-BC, received a Masters in Expressive Therapy from Lesley University and completed her Doctorate in Clinical Psychology at the Massachusetts School of Professional Psychology. She has served as the Program Coordinator of the undergraduate arts therapy program for six years and is co-founder of the Art-For-All Studio in Somerville, MA.

TAMARA TEETER KNAPP, BA, is an expressive artist, dancer and teacher, and co-owner of Expressive Arts Florida. She holds a Certificate in Art and Healing from Ringling College. With her gift for working with children, Tamara has been an elementary teacher for 10 years. She applies knowledge of creative drama, dance, movement and visual art to her work with children and adults.

NICKI KOETHNER, MFT, is an Expressive Art Therapist and artist working in private practice. She has given Expressive Arts workshops and performances in New York, the San Francisco Bay Area and in Germany. She is a passionate advocate of the expressive arts for healing trauma as well as celebrating our aliveness and common humanity. She is the Executive Co-Chair of IEATA and a board member of Bodytales.

DEBORAH KOFF-CHAPIN, BFA, an Adjunct Assistant Professor at California Institute of Integral Studies, has been developing Touch Drawing since 1974. She is the creator of *SoulCards* and author of *Drawing Out Your Soul*. Deborah learned New Song Long Dance in the 1970s. In 1983 she co-founded the Whidbey Long Dance Circle, which continues to this day.

SUZANNE LABERGE, LCPC, REAT, raised four children, was an aspiring writer and artist, and a hairdresser for 10 years before discovering Lesley University. She received her Masters in 1991. During her years of urban and rural agency work, she discovered a compelling interest in children and families. In private practice since 1994, Suzanne lives in Portland, ME.

ERIKA LALLY, MAAT, ATR-BC, LMHC, is a clinician, supervisor and trainer at the JRI Trauma Center and an adjunct faculty member at Lesley University, where she teaches in the Master's level Expressive Therapies Division. She also works as clinical supervisor for the Latin American Health Institute's Latino Child-Traumatic Stress Initiative team in Boston. She has provided trauma treatment for both children and adults for 15 years.

ELLEN M. LANDIS, ADTR, LMFT, is a Registered Dance Movement Therapist, educator, mediator, EMDR level II, and PhD candidate in expressive therapies. She has more than 20 years experience integrating creative arts into psychotherapy and community activities. Ellen has committed to building responsible relationships through daily practice of blending of creativity, spirituality and social action.

PEGGY LANGLEY, LMHC, received a Master's Degree in Dance/Movement Therapy from Lesley University in 1984. She has worked with a variety of populations as a therapist and educator, including children, elders, adults living with HIV/AIDS, pregnant women and other adults with substance abuse issues. Peggy has been a facilitator at "Opening the Heart" workshops, studies yoga, and is a Certified Focusing-Oriented Therapist and Trainer.

JARED LEADERMAN, MA, MT-BC, is a music therapist, music educator, and professional jazz musician in Boston.

TERESA LEE, a faculty member at Appalachian State University, has received an ASU Research Cluster Grant to explore artistic expressions of marginalization in a local public school.

ELLEN G. LEVINE, MSW, PhD, LICSW, REAT, has worked as an Expressive Arts Therapist and trainer/educator for more than 30 years. A painter and clown, she is Dean of Independent Study and Director of the Expressive Arts and Social Change program at the European Graduate School in Switzerland.

STEPHEN K. LEVINE, PhD, DSSc, REAT, is an expressive arts educator, poet and clown. He is Dean of the Doctoral Program in Expressive Arts at the European Graduate School. Steve and Ellen Levine co-authored the book *Principles and Practice of Expressive Arts Therapy* with Paolo Knill.

SAPHIRA LINDEN, MA, RDT-BCT, LCAT, CP, is the Artistic Director and Omega Theater Director at the Omega Transpersonal Drama Therapy Certificate Program, with 10 years toward RDT credentialing through NADT. She is writing a book, *The Soul of Drama Therapy*, about her transpersonal approach. Saphira also is a senior meditation teacher and clergy with Sufi Order International.

EVE LYONS, LHMC, works in a community mental health clinic and is a published writer of poetry, fiction and plays. She wrote her Master's thesis on the therapeutic value 'zines – putting your art out into the world. Since then, she has become interested in blogs and photoblogs, heirs to the 'zine culture.

DICKI JOHNSON MACY, ADTR, MEd, LMHC, is Creative Director of the Boston Children's Foundation and founder of Rainbowdance Attunement. The lineage holder in the art and technique of Isadora Duncan, she creates international healing rituals for children isolated by developmental and neurological disorders, and exposure to conflict and natural disaster.

ROBERT D. MACY, PhD, is Executive Director of Boston Children's Foundation, the Trauma Center at JRI and Research Associate at Harvard Medical School. He has 32 years of advanced training and practice in multiple theatre, dance and martial arts disciplines, pioneering Traumatic Incident Stress Interventions in the U.S., Europe, Middle East, Asia and Africa.

GLORIA MAHIN, MA, LPC, is a first-generation Iranian-American and a student of Islamic mysticism. She spent extended periods of time in Iran where veiling is enforced by law. Gloria earned her Master's degree in Expressive Therapies from Lesley University and promotes the arts in therapeutic and wellness facilities.

DENISE MALIS, LMHC, ATR-BC, and co-presenter Amy Morrison, LMH, ATR, are candidates in the Expressive Therapy Doctoral Program at Lesley University. They specialize in sensorial and studio-based art therapy and share an interest in attachment formation and the ethics of caring. Denise and Amy are exhibiting visual artists, co-founders of Reaching Roots Arts Collective in Somerville, MA, and teach at Lesley University.

ADRIANA MARCHIONE, MA, REAT, RSMT, CHT, has an expressive arts therapy practice in San Francisco. She is an adjunct faculty member at Tamalpa Institute, and works at California Institute of Integral Studies as Art Curator, where she created an innovative exhibit program. Adriana has been an exhibiting artist, writes poetry and dances Argentine tango.

CAMERON MARZELLI has been an educator, counselor and consultant for more than 30 years. She was one of the first two students granted a PhD in Expressive Therapies from Lesley University. Her doctoral work explored the way in which imaginal writing facilitates resilience in adolescent girls.

ELLEN MCMANUS is an Expressive Therapist in the Department of Public Health at Tewksbury Hospital. She holds a Master's degree in Expressive Therapy from Lesley University. She initiated the theatre program and developed the relationship with the public schools. She sees theatre as a powerful tool for connection and empowerment.

HAROLD MCKINNEY, DA, Professor of Music at Appalachian State, teaches trombone, philosophy of music and expressive arts. He is co-author of *Expressive Arts Therapy: Creative Process in Art and Life*. He recorded with pianist Paolo Knill and has served as Academic Fellow at the European Graduate School.

SHAUN MCNIFF, Professor at Lesley University, is the author of many books, including *Art Heals: How Creativity Cures the Soul*; *Trust the Process: An Artist's Guide to Letting Go*; *Art as Medicine: Creating a Therapy of the Imagination*; *Creating with Others: The Practice of Imagination in Life, Art and the Workplace*; *Art-Based Research: Depth Psychology of Art*; *The Arts and Psychotherapy*; and the recently published *Integrating the Arts in Therapy: History, Theory and Practice*. He is Past President and an Honorary Life Member of the American Art Therapy Association.

NANCY MELLON has pioneered therapeutic storytelling for many years, presenting workshops and courses worldwide. Her newest book – *Body Eloquence: The Power of Myth and Story to Awaken the Body's Energies* – is about human physiology and storytelling as a healing art. Her previous books are treasured in many countries.

LAURA MENUCCI, MPS, ATR, is the Outreach Coordinator at RAW Art Works. Since 2002, she has worked as an art therapist and art teacher for children, adults and the elderly in hospital, residential and community settings in Vermont, New York and Georgia. Laura received Master's in Art Therapy and Creativity Development from the Pratt Institute in Brooklyn, NY.

MARYAM MERMEY is a performing and teaching artist for personal and social transformation. She has served as therapist, educator and trainer on the East and West Coasts, Israel and Scotland for more than 30 years. She offers "Bully Prevention through Expressive Arts" programs for students, faculty and people working in helping professions.

LISA MERRELL, MA, RDT, LCAT, is co-founder of The Creative Therapies Center in Rhode Island and is a graduate of NYU's Drama Therapy Program. She works with male and female sexual offenders, abuse survivors and geriatric populations and leads personal growth workshops using drama therapy and creative arts techniques.

TRAVIS MERRELL, MA, RDT, LCAT, is co-founder of The Creative Therapies Center in Rhode Island. He has worked with incarcerated sexual offenders and those on probation/parole, providing services addressing offending behaviors, men's work, anger management and communication styles. Travis attended Lesley's Expressive Arts Therapies Program and graduated from NYU's Drama Therapy Program.

NIELA MILLER, MS Ed, is the owner of PeopleSystems Potential in Acton, MA, and author of three books. She combines an extensive background in the arts with humanistic psychology, education and organizational development to work on a wide variety of projects. She is a longtime member of IEATA and has presented at many of its conferences.

ROSALIE MINKIN, TEP, ATR-BC, LCAT, MSW, has been a trainer, educator and practitioner of psychodrama, group psychotherapy and sociometry for 25 years. She is the director of the East/West Institute for Psychodrama and Sociodrama, and has a private practice in Philadelphia, PA. She is a board certified art therapist, a licensed activities therapist and a social worker.

AMY MORRISON, LMH, ATR, and co-presenter Denise Malis, LMHC, ATR-BC, are candidates in the Expressive Therapy Doctoral Program at Lesley University. They specialize in sensorial and studio-based art therapy and share an interest in attachment formation and the ethics of caring. Denise and Amy are exhibiting visual artists, co-founders of Reaching Roots Arts Collective in Somerville, MA, and teach at Lesley University.

DEBORAH NATHAN is the founder and executive director of Artsbridge, Inc. She received her Master's Degree in Art Therapy and Mental Health Counseling from Lesley University and has more than 25 years experience as an artist and art educator. Debbie also is a board member of the Salem Center for Therapy, Training and Research, where also provides therapy for individuals, families and couples, and leads expressive therapy groups.

BETSY NAYLOR has a BS in Exercise and Sport Science from the University of North Carolina at Greensboro and is pursuing a Master's in Community Counseling with a concentration in Expressive Arts Therapy from Appalachian State University. She is passionate about working with victims of sexual assault and abuse.

DORIT NETZER, PhD, ATR-BC, LCAT, works at Creative Encounters, a family-oriented private practice. She focuses on healing as a spiritual, creative process. Dorit is an adjunct faculty member at Hofstra University's CAT Master's program, and a faculty mentor at the Institute of Transpersonal Psychology's Global Master's in Creativity and Innovation.

DONNA NEWMAN-BLUESTEIN, ADTR, LMHC, has worked as a dance/movement therapist since 1978, including 20 years with elders. Her recent focus has been on elders with dementia, where her focus on joy and moving from the heart transforms the culture for clients and staff. Donna teaches at Lesley University.

SUSAN NISENBAUM BECKER, MA, RDT, is an actor, playwright, poet, teacher and consultant. She is the co-director of the New England region's Herring Run ArtsFest and a psychotherapist in private practice with special interest in the interface of psychology and spirituality.

JANET NOVOTNY graduated in 2008 from Lesley University's Intermodal Expressive Arts Therapy Program. She spent the past year working with survivors of sexual assault, abuse and domestic violence at Womansplace Crisis Center in Brockton, MA. She works as a Family Stabilization Clinician at the Home for Little Wanderers.

DANIELLE O'BRIEN, a Registered Dance Movement Therapist, has led expressive arts therapy groups with seniors, including elders with memory impairment, since graduating from Antioch NE University four years ago. She is completing a certificate program in Mindfulness and Psychotherapy, researching on mindfulness-based therapy with elders and their caregivers.

ALAN O'HARE, a licensed psychologist, is an Adjunct Faculty member at Lesley University Expressive Therapies PhD program, and director of Life Story Theatre.

KYOKO ONO, MA, a licensed Clinical Psychologist, is director of the Expressive Arts Therapy Institute, and works at a mental health clinic, a junior high school, and with seniors using expressive arts therapy. She has presented workshops and classes in Japan at Seitoku University and Tokyo Gakugei University for 15 years. She facilitates Person-Centered Expressive Arts Therapy training in Japan.

HOD ORKIBI, MA, IPA-R, ICET-R, a performer and creative arts therapist specializing in psychodrama, has Master's degrees in Expressive Arts Therapy and Theatre Arts, and is a PhD student in Expressive Therapies at Lesley University. He is a teaching associate at the Graduate School of Creative Art Therapies at the University of Haifa in Israel.

KEN OTTER, MA, has been engaged in transformative learning and change for past 25 years in a variety of settings. He is director of the MA in Leadership at Saint Mary's College, and core faculty at the Tamalpa Institute, where he has been affiliated since 1981 as a student, performer and teacher.

AMY PFENNING received an MPS from Pratt Institute and is a Registered Art Therapist working with sex offenders in a California state hospital.

SARVA LUCIA POSEY holds an MA in Expressive Arts Therapy from European Graduate School (EGS) and postgraduate certificates in Expressive Arts from EGS and Appalachian State University. She works at a neurological rehabilitation hospital as an expressive arts therapist and teaches at the Catholic University in Freiburg, Germany. She enjoys visual art, architecture and living in the Black Forrest.

JORDAN S. POTASH, MA, ATR-BC, LCAT, is an art therapist in Hong Kong pursuing a PhD through the University of Hong Kong. He is a past chair of the Multicultural Committee of the American Art Therapy Association and a member of the faculty at George Washington University.

KATE POWERS, MA, has 26 years experience transforming leaders and creating sustainable change for organizations that want to overcome the challenges of the 21st century and serve the greater good. Kate is a pioneering, award-winning educator in the field of change and leadership. An expert in the process of change, her diverse skills include management consulting, teaching, group facilitation, executive coaching, mentoring, expressive arts and public speaking.

LAURY RAPPAPORT, PhD, REAT, ATR-BC, is an Associate Professor at Notre Dame de University. She is the former Academic Coordinator of the International Expressive Therapies at Lesley University, and is a Certifying Coordinator of the Focusing Institute. Laury is the author of *Focusing-oriented Art Therapy: Accessing the Body's Wisdom and Creative Intelligence*.

TAIRA RESTAR, MA, is an artist, performer and creative movement educator. She is Assistant Director of Tamalpa Institute and Core Faculty. She also works with Anna Halprin as an Associate Teacher.

REBECCA M. RIDGE, PhD, TEP, LMT, is an international trainer in psychodrama, sociometry and group psychotherapy. She has developed an integration of psychodrama, expressive arts and somatic therapies titled The Body Alchemy of Psychodrama™. She is also an international trainer and educator in craniosacral therapy for the Upledger Institute.

JOANNE ROBINSON is an art therapist with the Ulster Cancer Foundation and a member of Corrymeela and NIGAT.

NATALIE ROGERS, PhD, REAT, author of *The Creative Connection: Expressive Art as Healing and Emerging Woman*, is a pioneer in person-centered expressive art therapy. She offers an Expressive Arts Certificate program at Saybrook Graduate School in California and has led trainings in Europe, Japan, S. Korea, Russia and Latin America.

LIZ ROSE, PhD, Professor of Music at Appalachian State University, teaches courses in music education and music therapy. She is a Board Certified Music Therapist, a member of the Expressive Arts Collective and is passionate about the sustainable practice of art making in community.

GRAÇA DUARTE SANTOS is a Clinical Psychologist and Professor in Psychology at the University of Evora in Portugal. She created and runs the curricular units for Expressive Arts Therapies in the university's Psychology MA and Psychomotricity programs. Graça also serves as director of the Post Graduation program for Expressive Arts Therapies and Human Development at the University in collaboration with the European Graduate School.

PRILLY SANVILLE is the Coordinator for the Community Arts Master's degree at Lesley University's Creative Arts in Learning Division. A drama educator who focuses on social justice, she is interested in the dialogue that can occur in our classrooms and community cross-culturally and multi-culturally through an arts approach. She has taught in Russia, Israel, British Columbia and Quebec.

GRETA SCHNEE works in private practice and at a clinic in Central Massachusetts with children with PTSD and attachment disorders.

EDWARD SCHREIBER is Co-Director of the Moreno Institute East and Director of the Zerka T. Moreno Foundation. Co-editor of *The Quintessential Zerka: Writings by Zerka Toeman Moreno on Psychodrama, Sociometry and Group Psychotherapy*, Edward teaches at Lesley University and offers programs around the world.

MICHAL SHANTI-CANETTI, an Israeli psychodramatist, works in a private clinical practice specializing mostly in eating disorders, trauma and chronic disease. His clinical and research interests include changes influenced throughout the psychodramatic process and the therapeutic process through internal psychodrama, with an emphasis on spirituality.

MOLLIE SHEA, HHP, LMT, CET, is the founder of Essential Motion, a private practice supporting full spectrum health. She is a classical homeopath, Reiki Master, and a certified facilitator of Conscious Breathing and Body Centered Therapy.

HELAINÉ SHEIAS, PhD, an international group facilitator and eco-spiritual counselor, is an expert in acculturation and marginalization processes of female immigrants in Israel. Her extensive background in eco-feminism, psychology, spirituality and yoga offers an interdisciplinary approach to socio-cultural awareness by weaving together compassionate listening, non-violent social action and indigenous healing.

LISA SILVERIA has an MA in Expressive Therapies from Lesley University and is an adjunct faculty member. She has worked in both community and shelter settings with women and children who have witnessed domestic violence, and also has facilitated teen dating violence groups with high school students.

GLORIA SIMONEAUX, MA, REAT, EXA, is a Fulbright Scholar in Nairobi, Kenya. She founded Harambee Arts, training caregivers in sub-Saharan Africa. She teaches at Kenya Association of Professional Counselors and CONNECT Institute of Family Systems in Harare, Zimbabwe. In 1989, she founded DrawBridge, an arts program for homeless children.

SHOSHANA SIMONS, PhD, is Chair of the MA Expressive Arts Therapy Program at California Institute of Integral Studies and faculty in Transformative Studies. She integrates expressive arts practices into her work as an educator, drama therapist and organizational consultant. Her interests include expressive arts and leadership, narrative expressive arts therapy and arts-based research.

LINDSEY SMITH is pursuing her Master's in Community Counseling at Appalachian State University. She received her BFA in Theater Performance from Emerson College. Lindsey works with ASU's community service outreach program, ACT.

VIVIEN MARCOW-SPEISER, PhD, LMHC, NCC, ADTR, is a Professor and Director of International and Collaborative Programs at Lesley University's Graduate School of Arts and Sciences. As the founder and former director of the Arts Institute Project in Israel, she was influential in the development of Expressive Arts Therapy in Israel. A dance therapist and expressive arts educator, she has taught and lectured extensively in Scandinavia, Israel, South Africa and the U.S.

PHILLIP SPEISER, PhD, LMHC, RDT, REAT, is Director of Arts Therapy at Whittier Street Health Center, serving more than 2,000 children and families annually. A family therapist and expressive arts educator/therapist, Phillip has developed integrated arts programs since 1980, and has taught and lectured extensively in Scandinavia, Europe, Israel, South Africa and the U.S. He is the former chairperson of IEATA and Very Special Arts Sweden.

SHANNON STEVENS, MA, (co-presenting with Celine Hunt and Michaela Kirby) has a Master's degree in art and expressive therapy from Lesley University. She met Celine as a fellow student through Leslie's undergraduate art therapy program, where Michaela was Program Coordinator.

JODI BRERETON SOUTER has a Master's in counseling psychology and a Certificate of Advanced Graduate Studies in Expressive Arts Therapy from the European Graduate School. She has worked in the field of children's mental health for 11 years, providing art-based youth and family counseling in many different settings including emergency respite, therapeutic foster care, residential services and children's mental health outpatient settings.

CAROL MARKS STOPFORTH has practiced yoga and meditation for more than 20 years. She is the Clinical Director of Rebound, a residential facility for adolescents with substance abuse and other co-occurring disorders. She also runs a yoga, meditation, relaxation group that is integral to Rebound's clinical program.

MARINA STRAUSS, LMHC, MA, works in an outpatient clinic in Brighton, MA offering individual and family therapy. She has been facilitating expressive therapy workshops in Argentina, Spain and Boston as well as collaborating in the development of a new Expressive Therapy Studio Course she will co-teach in spring 2009.

SIMONE TABIB, MA, specializes in trauma therapy integrating expressive arts and mind/body medicine for children and teens at risk. Simone received her MA in Expressive Therapies at Lesley University and is pursuing her PhD with a core modality in psychodrama. She lives and works in Israel.

CARYLBETH THOMAS, MA, ACMT, LMHC, is an adjunct faculty member at Lesley University, lecturer at Northeastern University, Fieldwork Supervisor at the Berklee College of Music, and Internship Director and Music Therapist at the Community Music Center of Boston. She is President of the New England Region - American Music Therapy Association and has published three book chapters and various presentations on clinical practice and supervision.

TINA MARIE THOMAS holds a PhD in biopsychology. She is also a registered nurse, board-certified social worker, certified Gestalt therapist and author. Tina offers workshops based on her book *A Gentle Path*, and her work with the Enneagram, including research at Duke University exploring a biological basis for personality.

NINA (ANIN) UTIGAARD, MA, MFT, REAT, is one of the four founding co-chairs of IEATA, and a core faculty member of the Person-Centered Expressive Therapy Institute. She works with individuals and groups to address challenges and promote conscious living. A musician, singer, artist and writer, Anin believes in the transformative power of creativity and that creative expression ultimately promotes global healing.

RALITZA M. VLADIMIROV, MA, is a Bulgarian artist, performer and art therapist who uses various media in her creative process. She combines music, dance-movement, drama and art to provoke, stimulate and promote healing in her work as a therapist. She holds Bachelor's degrees in fine art, physical therapy and art management, and a Master's in art therapy.

DOT WALSH is program director for The Peace Abbey, a multi-faith retreat center in Sherborn, MA, and an international community activist.

ANNA WARD, a faculty member at Appalachian State University, has received an ASU Research Cluster Grant to explore artistic expressions of marginalization in a local public school.

ANNA MARIE WEBER, MA, RDT, CDVC, is co-editor of *Clinical Applications of Drama Therapy in Child and Adolescent Treatment* (2005, Brunner-Routledge). She is director of Children's Services at Victims Information Bureau of Suffolk (Long Island, NY) and an adjunct faculty member at New York University.

JACK S. WELLER is Rudolph Schaeffer Professor of Arts and Creativity and for 20 years was the founding director of the Expressive Arts Therapy Program at California Institute of Integral Studies. One of the four founding executive co-chairs of IEATA, his main interest is in the meeting point of art, creativity and spirituality.

DANIEL WIENER, Professor at Central Connecticut State University, practices as a psychologist in West Hartford, CT and Leverett, MA.

REBEKAH WINDMILLER, MA, LCAT, REAT, is the founder and director of the New York City Expressive Arts Studio, where she trains practitioners in expressive arts. She has worked extensively with psychiatric patients. Her writing has been published in *POIESIS*, and in the book, *In Praise of Poiesis*. She has danced for more than 25 years.

JEAN WINSLOW, an art therapist, psychodramatist and certified EMDR therapist, loves to make things happen, whether creating art or working with others to change the way things are in their lives, in the community or in the world.

ANN SAYRE WISEMAN, MA, is an art and dream therapist, painter and author of 12 books (including *Making Things*, *Handbook of Creative Discoveries*, *Dreams as Metaphor*, *The Power of the Image* and *Nightmare Help, A Guide for Adults From Children*.) She was adjunct faculty for 13 years at Lesley University in the Expressive Therapies and teachers training programs.

JOAN WOODWORTH, PhD, Professor of Psychology at Appalachian State University, teaches interdisciplinary classes in the history of psychology, clinical applications of dreams, creativity and the arts, and eco-psychology. She has taught and researched dreams in the People's Republic of China and is a member of the Expressive Arts Collective.

CHARLOTTE YONGE, PhD, is a teacher and a therapeutic expressive arts facilitator and coach for *Creative Journal Expressive Arts*. She uses a learning support approach with non-directive play and creative journaling for 5-year-olds in school. Charlotte also works as a Non-Directive Play Trainer with the Play Team Association for childcare professionals.