

*ieata*

*International Expressive Arts Therapy Association*

**GENERAL REGISTRATION STANDARDS AND REQUIREMENTS**

EXPRESSIVE ARTS CONSULTANT/EDUCATOR - REACE

**GUIDELINES**

Completed applications for registration may be submitted at any time. Incomplete applications will be returned to you until all parts are ready for review. Please allow three to six months for a review of your application.

**FORMAL TRAINING PATHWAY VERSUS NON-FORMAL TRAINING PATHWAY**

Over the last twenty years, the expressive arts field has evolved into a recognized and viable profession. Where in the past, many individuals explored the arts from a place of passion and personal enrichment, today there are academic and training resources available to those wishing to enter the expressive arts field as a profession. We have come to accept the term, “expressive arts”, as a “multi-modal” approach to arts education, consulting and facilitation. Still, there are those who have long worked independently in the service of others without labeling their work as such. They have worked from a self-directed dedication with a natural inclination toward cross-fertilization in the arts. For the purpose of the registration process, we are identifying two pathways, the Formal Training Pathway and the Non-Formal Training Pathway. The General Registration Standards for Expressive Arts Consultant/Educators offer these two pathways of application. Through these two pathways, we honor both the formal academic/training path, truly a leap of faith for creative individuals entering this profession, and the non-formal self-directed path, passionately invented by pioneers in the field.

**REGISTRATION REQUIREMENTS**

**REACE Personal/Professional Competency**

It is our hope that completed applications will thoroughly document proof of the following competencies required for Expressive Arts Consultant/Educator Registration. This should be evident through the Autobiographical Statement, Statement of Philosophy, portfolio entries and all application materials. We suggest you read these over before embarking on your application process in order to align yourself with the standards for registration.

**General Competencies:**

- Use of a variety of expressive arts modalities in

facilitation, consultation or educational work

- Demonstration of personal use of and comfort with a variety of expressive arts modalities for personal growth and professional development,
- Ability to practice expressive arts consultation/education work in a manner which encourages self-exploration and discovery through the arts
  - Encouragement of clients/students to use expressive arts to express thoughts, feelings and/or to find resolutions
  - Ability to work with diverse populations and to support and encourage a wide variety of creative processes
  - Ability to work in concert with the student/client to set goals, and to explore a variety of methods (using expressive arts) to reach goals
  - Ability to articulate the philosophical perspectives which guide the consultation/ educational work being done
- A firm understanding and adherence to a professional code of ethics for Registered Expressive Arts Consultant/Educator, as a representative of IEATA

## REQUIREMENTS

The following criteria must be met for registration. Please title appropriate sections in your application to assist us in our review. **Please submit four completed packets.** Regarding experience; as the expressive arts field is still developing as a profession, we are expecting that expressive arts consultant/educators often work on a part-time basis. Therefore, we are looking for the amount of hours worked, rather than years of experience. It is anticipated that these hours may stretch over a time period of five to ten years or longer. Where you can identify years of experience, please do so, even if the hours were minimal. There is much to be said for longevity in the field.

### **A. Formal Training Pathway Only**

- I. Education – A Master’s degree in one of the following fields (it must be clear how this field relates to your work as an Expressive Arts Consultant/Educator). **Three copies** of official transcripts are to be mailed to the Consultant/Educator Committee directly from the academic institution in a sealed envelope. Envelope should show a seal or signature of the Registrar across the back of envelope. Only transcripts for M.A. or relevant degree are necessary.

- Expressive Arts
- Psychology
- Education
- Educational Psychology
- Counseling
- Spiritual Development or Pastoral Field
- Social Work
- Business Management/Organizational Development

- Any of the Creative Arts

**NOTE: You may qualify for registration if you have a Master's degree in a related field not specified above. As stated in the above section, it must be clear how this degree relates to your work as an Expressive Arts Consultant/Educator. Please describe this relationship in the Education and Training Document.**

- II. Expressive Arts Consultant/Educator Work Experience- In addition to the Master's degree, **2000 hours** of related work experience is required. Work experience might consist of facilitating individuals or groups, and/or working with organizations. It is important that you describe how your work experience demonstrates multi-modal expressive arts consulting and education. We are aware that many consultant/educators work part-time, often establishing their roles in a developing profession. Please indicate the number of hours worked over a time frame of several years, specifying the hours worked per year as much as possible. **For individuals with a crossover practice, i.e. expressive arts therapy and expressive arts consulting/education, it is very important that the work hours described fall under expressive arts consultation and education only. Please do not include your therapy hours.**

NOTE: In completing the document for Work Experience we ask that you attach an additional page(s) that gives details of work done in each position. (See form for guidelines.)

- III. Expressive Arts Education and Training – Applicant must show proof of an additional **200 hours** of experience exploring multi-modal arts. This may be through a training/educational program, arts classes or through self-generated experience. Please include documentation of professional training in expressive arts and in your specialization (including workshops, private classes).

NOTE: In completing the document for Education and Training, we ask that you attach supporting documentation that describes your expressive arts training experience. This might be a letter of completion or documentation from an educational or training institute or from coursework attended, or a flier or brochure from workshops attended. (See form for guidelines.)

### **B. Non-Formal Training Pathway Only**

- I. Expressive Arts Consultant/Educator Work Experience

Where no Master's degree exists, a total of **3800 hours** of related expressive arts consulting and education work experience is required. Please describe any and all work with individuals, groups and organizations in which you used the expressive arts. Please detail carefully the amount of hours you have worked. It is not necessary that this work has been performed at a full-time level, but rather it is

anticipated that the work may have been part -time over a period of years. Volunteer hours may be included.

NOTE: In completing the document for Work Experience we ask that you attach an additional page(s) that gives details of work done in each position. You must include some verification. (See form for guidelines.)

II. Expressive Arts Education and Training

Applicant must show proof of **200 hours** of expressive arts education and training. While applicants in the Non-Formal Training track may not have pursued formal training in the expressive arts, it is expected that applicants have explored the various creative arts, however self-directed. This may be through self-generated experience such as educational courses, workshops, or mentoring specifically geared toward applicant's field of specialization. Please list any formal workshops/classes attended, or describe as best you can, your experience in pursuing your knowledge of the various art modalities. This might include personal forays into exploring various materials, seeking an understanding of the relationship between the different art mediums, exhibiting your artwork, collaborative projects, etc. Please show number of hours for each entry.

NOTE: In completing the document for Education and Training, we ask that you attach supporting documentation that describes and verifies your training/exploration experience. This might be a syllabus from coursework taken, or a flier or brochure from workshops attended or a brief confirmation from a mentor. If no documentation exists, you may attach a paragraph describing your expressive arts exploration. Please submit verification where possible.

**C. REQUIRED OF BOTH PATHWAYS**

**Note: All written material will be treated confidentially.**

IV. Cover Letter of Intent – Please include a cover letter of intention with your application. The letter should express your reasons for applying for the REACE. It will be helpful to include your anticipated role as well as settings in which you see yourself working as a REACE. The salutation in your letter should be addressed to the REACE Review Committee.

V. Autobiographical Statement – The consultant/educator is in a unique position to make inroads into environments that have not traditionally integrated expressive arts. This path requires unique training, creative thinking, confidence, and a commitment to inner work. **We request a seven to ten-page essay (typed, 10-12 point, double-spaced)** which describes your experience with the arts, past and present, and your personal growth work, particularly with the arts, including any therapy or spiritual/personal work completed related to the arts. Include any other

relevant personal information you'd like to share. Include a self- assessment of your strengths and challenges. We would like to understand how the expressive arts have impacted your personal growth and professional development.

- VI. Statement of Philosophy – Our field is defining itself through our many voices. This category provides an opportunity for you to crystallize your thoughts and ideas, and to describe your professional work and underlying philosophy. This should include both your facilitation philosophy and your philosophy in using the arts. **We request a seven to ten page essay (typed, 10-12 point, double spaced)** which describes how your philosophy is integrated into your work with individuals. Include your understanding of group process where applicable and your understanding of prominent ethical issues in your current consulting/education work. Additionally, please include any major individuals (mentors, consultants) and processes, which have influenced your work.

VII. Portfolio

Portfolio Entry 1– Case Study

A case study documents an example of your work and philosophy with a particular group or individual, including your integration of multi-modal expressive arts. This document should describe the population served, process and structure, typical challenges and your findings. Please limit writing to **three to five pages (typed, 10-12 point, double-spaced)**. If you include support material such as samples of artistic work created, please limit also to no more than five pages. **To protect privacy of individuals, please use initials when referring to clients.**

Portfolio Entry 2 – Personal Process

To truly understand the process through which an expressive arts consultant/educator guides others, it is important that He/She has first hand knowledge of working with the expressive arts. Please submit a **3-5 page** entry in which you share your personal work with the arts. This might be photos of art, poetry or other creative writing, or a description of a movement or music experience. Please include a brief description of your process (within the 3-5 pages). Here's a chance to be creative.

- VIII. Adjunct to Training and Work Experience - Describe any additional educational or professional activities which support your work as a Consultant/Educator: certifications, conference presentations, publications, specialized training, additional workshops, etc. Please include specific training or educational development that has helped you understand group dynamics and human development.

IX. Resume – **Please submit a resume, which includes the following:**

- A. Contact information: name, address, telephone number, e-mail
- B. Career Objective: A statement of short and long-term goals

- C. Educational History (most recent program listed first)
  - D. Relevant Employment history (most recent position listed first)
  - E. Professional memberships and any awards or certificates held
  - F. Relevant interests or activities in which you are currently involved
  - G. Please name three references who have knowledge of your work
- X.** Ethical Guidelines Agreement – Your original signature confirms your full understanding and agreement to uphold the Code of Ethics set forth by IEATA for the REACE registration
- XI.** Letters of Reference - Please request three letters of reference from professionals who have either facilitated with you, supervised or observed your work. It is preferable for at least one of the references to be a member of IEATA. Those writing letters will need to submit four copies, one with original signature, directly to the IEATA Consultant/Educator Committee. Please have them use the Letter of Reference form in the application packet.
- XII.** Promotional Material  
Please provide samples of brochures, fliers, outlines of workshop formats, business cards, promotional kits, web site address, videos or any additional art work or pictures which depict the work you are doing.
- XIII.** Official Transcripts – Three official copies of transcripts must be sent directly to the Consultant/Educator Committee. Only transcripts for relevant degree are required.

For questions, please contact, [consult-educators@ieata.org](mailto:consult-educators@ieata.org) or call Kathleen Horne, 941-365-6466 or Karen Berg-Smith, 415-924-2163.