

1^{st.} **LATIN AMERICAN
EXPRESSIVE ARTS**
REGIONAL SYMPOSIUM



SCHEDULE

◆ **FRIDAY FEBRUARY, 28TH** ◆

◆ **8:30 a 9:15** ◆

Registration

◆ **9:15 a 10:00** ◆

Opening ceremony

Conference: Expressive arts in health, education, social change and information about IEATA.

◆ **10:00 a 10:30** ◆

Coffee break

◆ **10:30 a 12:30** ◆

Life experience in networks that give support through the expressive arts. • **Graciela Bottini (Argentina)**

◆ **14.30 a 17.30** ◆

CONFERENCE ROOM 1

Altar as a moving canvas

Mireya Alejo Marcel (Mexico)

In this workshop we will explore themes of belonging and the connection to our roots, working primarily on the creation of altars and sharing stories. The altar as a new / open canvas which offers us the possibility of creation, encounter, contemplation and movement.

The work will go from the individual canvas to the collective, with the intention of connecting first with our individual support: What are our individual roots on a personal, ancestral and sacred level? From that we will meet on a collective web (altar) that includes the totality, richness, diversity and complexity that we are.

CONFERENCE ROOM 2

Drumming up the primordial,

somatic unconscious

Mitchell Kossak (USA) and

Angelica Pinna Perez (Chile)

Art, in all its forms, makes manifest the unconscious embodied energies. The arts grant the soul an avenue for expression and an opening to self-awareness. By playing with primordial energies, expressive arts attempt to create a deeper resonance with universal truths. Under the right conditions, the creative process will lead to new kinds of knowledge, insights and a deepening connection with life. This workshop will take participants through an experience of the emerging primordial energies that give shape and form to the primordial somatic unconscious explored in a multimodal arts experience of drumming, authentic movement, poetry and image making.

◆ **18:00 a 19:00** ◆

Lecture TAE Peru

The Expressive Arts Therapy in Lima Peru. Creating a new web.

Ximena Maurial, TAE Peru

Ximena Maurial partner (associate) of TAE Perú, will share interesting examples of how the Expressive Arts have woven Perú.

SATURDAY MARCH 1^{st.}

◆ 8:00 a 11:00 ◆

CONFERENCE ROOM 1

Weaving the cultural identity Ruth Gutfreund (El Salvador)

Our identity is composed of many threads , integrating our roots at an individual, national, continental, gender and cultural level. America is a great fabric with many weavings, each one with its own character, metaphors and images. We have common history but individual identities: each country with its accent, foods, folklore. In this experiential workshop we will be using materials typical of Central America to manifest and unite our identities, constructing a great fabric of unity and differentiation.

CONFERENCE ROOM 2

Women who tell stories that heal Adriana Tursi (Argentina)

The story, as an instrument, is a great resonance box, stories inside so many other stories that we can discover and rewrite in a personal way. A women's circle becomes a ritual space when we evoke a message that has been traveling since long ago. We prepare in this circle to relive it and discover other stories that it brings.

◆ 11:30 a 1:00 ◆

CONFERENCE ROOM 1

The expressive arts and the feminine as a promise of integration: personal histories. Patricia Rojas Zambrano, M.A. and Mireya Alejo Marcet, MA, MFT

This workshop will explore unexplored spaces of our common history as Latin Americans in order to weave the complexity and beauty, the hopes and challenges to give voice to the feminine, the part that has been silenced by imposed structures that do not honor our essence. We will express share and become witnesses of this history so that collectively, through ritual and creative expression we can built alternatives and compromises which are inclusive of the richness of its parts.

CONFERENCE ROOM 2

Weaving together concepts of dance/movement therapy Lic. Carlos Andrade, MA, ADTR (Guatemala)

History and description of the development of this profession; analysis of the Laban movement and clinical and educational application.

Demonstration of techniques that illustrate the above concepts will be explored and experienced.

◆ 14:30 a 16:00 ◆

CONFERENCE ROOM 1

Sharing experiences in the application of expressive techniques in several communities of Guatemala. Ana Alicia Cobar Catalan de Coma (Guatemala)

We will present the work that students from the Masters degree program at Del Valle University have done in Guatemalan communities using non verbal technics and a participatory model. We will be creating a space to experience the "arpilleras technique" using sewing as a means of expression and healing.

CONFERENCE ROOM 2

The knot, the warp and weft, interweaving our history, creating new visions: body, image, word. Ximena Maurial (Peru)

As we advance in a permanent dance between what we receive of our surroundings and what we give to it, we weave our history. Using the image of the wrap and weft, the participants will connect to the thread of their history and their knots in order to enrich the view of the present. From the collective to the individual to the collective.

◆ 17:00 a 18:30 ◆

Creating the rythm of the Americas Beatriz Pinto (Guatemala)

Every human being possesses innate rhythm and is deeply connected to music. Applying it, is personal strength in action. It is a roadmap to the place of wellbeing and love in the deepest part of our being. Music nurtures our emotional and physical wellbeing.

This workshop is designed so that through music, percussion and voice, we create a synergy that solidifies the vision and sense of community. Participants will be able to release tensions and stress, stimulate creative thinking, self expression and experiment a strong communication with others. We will create rhythm using drums, bells, maracas and more.

◆ 17:00 a 18:30 ◆

Closing ceremony

BIOGRAPHIES

◆◆ Dra. Graciela Bottini (Argentina) ◆◆

Psychologist and art therapist. REAT. Member of the International IEATA board / regional committee. She trained under Natalie Rogers, whom she represents in Argentina. She is pioneer in Argentina in introducing the Creative Connection Person Centered Method in health, education and community participation. She is co founder of PECETI Argentina and IPA Argentina (Childs right to play) directed dramatic arts at USAL, had done investigation in play and expressive arts therapy.

◆◆ Mireya Alejo Marcet, MA, MFT (Mexico) ◆◆

Artist, psychotherapist specialized on Expressive Art graduated at California Institute of Integral Studies, astrologist and certified facilitator on Holotropic Breathwork. Co-founder of the RIE process which is a creative meditation and the creator of the process "Altar as a moving canvas". Some of her main interest have been topics such as wounds trough history and collective trauma; work with women in the discovery of their authenticity and empowerment and the exploration through the artistic language to find inner voice.

◆◆ Mitchell Kossak Ph.D., LMHC, REAT (USA) ◆◆

Is a core faculty in the Expressive Therapies program at Lesley University, Cambridge, Massachusetts. He has worked as an expressive arts therapist since 1983 and has been a licensed clinical counselor, since 1994. He is the Executive Co-Chair for the International Expressive Arts Therapy Association and the Associate Editor of The Journal of Applied Arts and Health.

◆◆ Angelica Pinna-Perez Ph.D., LCAT, LCSW, RDT (Chile) ◆◆

Angelica Pinna-Perez is currently a faculty member at Lesley University in the Expressive Therapies division and has worked as an expressive arts therapist and psychotherapist practicing community based mental health counseling since 2003 in the US and Italy. She received her PhD at the European Graduate School, Switzerland, her first MA at New York University in Drama Therapy and her second masters in Social Work at Fordham University. She has a passion for cross cultural work and international outreach, and is devoted to the integration of the arts in contributing to healing for bi-lingual individuals, families and communities.

◆◆ Adriana Tursi (Argentina) ◆◆

Play and screenwriter. Holds a degree in Regisseur at the Supior Institute of Arts from Colón Theater. Finished her studies as a play writer at the Municipal School of Dramatic Arts, studied Creative Connection at PCETI Argentina. Achiever of numerous awards for her plays and is currently Delegate of the General Association of Authors in Argentina.

Ruth Gutfreund (El Salvador)

Studied Special Education in Israel, and holds a post-graduate Diploma in England, St. Albans, Hertfordshire, as well as a Masters in the Psychology of Therapy and Counseling at Antioch University, branch in London. Worked in England and Israel. Founder of CentrArte, Centro de Arte y Arteterapia in El Salvador with the objective of promoting and developing art for mental health and art therapy in El Salvador. From then on she has worked in different frameworks and populations utilizing art as a tool for social intervention, doing workshops for carers of NGOs who work with domestic violence, or in campaigns of violence prevention. Ruth is a member of BAAT, AATA and of several discussion groups in Linked in, such as Art as Social Action, Art Therapy Without Borders, International Art Therapy

Patricia Rojas Zambrano, M.A. (Colombia)

Graduated in Psychology at the University of Los Andes, Bogota, Colombia. Holds a master's degree with specialization in Expressive Arts at the Institute of Integral Studies California and certified in integrative medicine and spirituality in California Pacific Medical Center. With extensive experience in clinical settings, clinical supervision and clinical approach developed through somatic arts to serve populations suffering after trauma. Has given different workshops on group therapy, intercultural psychology, social change, personal responsibility, child development and Expressive Arts Therapy.

Lic. Carlos Andrade, MA, ADTR (Guatemala)

Psychologist graduated at the Mariano Gálvez University in Guatemala. Holds a Masters degree in the Creative Art Therapies with an emphasis in Dance / Movement Therapy. Has extensive clinical experience in the United States and Guatemala. Currently working in Guatemala in a private at individual and group level with children, adolescents and adults by applying Therapies Creative Arts with emphasis in Dance / Movement Therapy.

Ana Alicia Cobar Catalan de Coma (Guatemala)

Psychologist, holds a masters degree on psychological counseling and mental health at the Del Valle University, Guatemala. Specialized on Family and couple psychotherapy with cognitive-behavior orientation from the Aiglè Foundation, Argentina Maimónides University. Has participated on several community projects in Guatemala as well in national and international congresses.

Ximena Maurial (Peru)

Holds a Post Master on Expressive Arts at the European Graduate School, Switzerland. She is trained as a Dance Movement Therapy at Brecha, Buenos Aires, Argentina. Psychologist graduated at the Catholic Pontifical University from Peru. Training of Authentic Movement with Teresa Escobar (Italian Art Therapy, Peru). Founder Associate of TAE Peru. Senior Teacher Training Therapies ar TAE Peru. Specialist in Psychological Development. Expressive arts therapist for children, adolescents and adults.

Beatriz Pinto (Guatemala)

Holds a degree in Special Education from Lesley University in Cambridge Massachusetts. Active member from the Music Therapy Association. Holds a diploma as Psychoanalytic Transpersonal Psychotherapy at the Autonomous Metropolitan University of Mexico. Pioneer in the field of Music Therapy in Guatemala and founder of the Center for Music Therapy ANACMU. Studied music therapy in the United States, Hawaii, Bali and Indonesia. Has given numerous workshops for Companies, Universities and Colleges as well as conferences in different Congresses.

