

# IEATA CREATIVE WELLNESS SERVICE INITIATIVE AMBASSADOR TRAINING

## Introduction

The purpose of the IEATA Creative Wellness Service Initiative (CWSI) Ambassador program is to give IEATA members the opportunity to work with non-governmental organizations (NGOs) in their communities. While satisfying their need to participate in social service, the Ambassador program also provides members an opportunity to get hours that count towards your REACE registration. The IEATA CWSI Ambassador program is being offered to REATs, REACEs, and therapists. The only other requirement is that you identify and recruit NGOs where you can train the NGO staff to become CWSI guides so they can offer these creative wellness workshops to their clients.

The completely free (no-cost) IEATA Creative Wellness Service Initiative will offer life-affirming expressive arts processes to the underserved, empower facilitators in the NGO's, provide service opportunities for IEATA members, and further IEATA's reach as a global organization.

As a CWSI Ambassador you will work with NGOs and other organizations in your community that are working for social justice, education, or addressing any form of oppression, to enable them to provide simple yet effective emotional health services to their clients. As a CWSI Ambassador you will be trained and supported so that you can then train CWSI Guides in your community as well as deliver emotional wellness workshops to NGO clients. We offer this Ambassador training at no cost. The initiative endeavors to provide every child, youth, and adult an opportunity for healing through free expression and nonjudgmental witnessing - two very basic human rights. In this way the initiative supports IEATA's mission *"...to encourage the creative spirit. Our inclusive, culturally diverse organization supports expressive arts therapists, artists, educators, consultants and others using integrative, multimodal arts processes for personal and community growth and transformation."*

The IEATA CWSI workshops are based on healing traditions, the expressive arts, positive psychology, and neuroscience advances to enable free expression in safe environments. During the Ambassador training, you will experience the workshops first hand. These workshops allow ambassadors to become aware of, and familiar with, the design of the workshops and facilitation skills required to deliver these workshops.

## Requirements

To become an IEATA CWSI Ambassador you will need to be fluent in English as initially the training is conducted only in English. When working with the NGOs locally you would be using the local language or other language that is required.

Selection of Ambassadors will be based on which country you are in, and your intent and commitment to do social work.

You will need to have access to basic, affordable art supplies such as pastels, paper, clay, or other elements from nature. Local art supplies are encouraged.

You will need broadband internet access and a device (computer, tablet, or smartphone) to use during the workshops. All workshops are currently conducted over Zoom. You do not need a paid subscription to Zoom.

Other than your art supplies and local connectivity, ambassadors bear no out of pocket costs for this training.

Before you can start this Ambassador training, you will need to have a NGO committed to have their staff do the CWSI Guide training with you, so that you can start their training as soon as you complete phase 1 & 2 of your ambassador training.

## IEATA Creative Wellness Service Ambassador Training Description

IEATA Ambassador training requires participants to attend 5 workshops and then get familiar with the Guide training program as they will be training local NGO staff to become CW Guides

### Personal Growth Workshops

After the initial orientation meeting, this phase consists of 5 workshops where the ambassadors experience the process deeply and personally. The CWSI training manual is provided to the ambassadors at the end of the first 4 workshops. The final workshop in this phase is where the group discusses the CWSI Training Manual.

### Training NGO Staff

Once you have experienced the workshops and become familiar with the training manual and the CWSI Guide training program requirements, you will be able to train the staff of the NGOs you are working with in your community.

The NGO Staff training is fully specified in the NGO Staff training guide. Please familiarize yourself with that training program that you will be facilitating before you sign up for the Ambassador program.

While you are training the staff of local NGOs in your community you will be provided the following support.

1. An online presence for creating community, asking and answering queries, and exchanging experiences and best practices
2. A virtual monthly forum for all our ambassadors to come together to share, learn, explore, problem solve, and celebrate.
3. Additional resources to help you train and supervise NGO staff and to further the social mission

## **Benefits**

In addition to the benefit of progressing your social work agenda under the auspices of an internationally recognized entity, you will also be eligible to receive 7.5 hours of training credit for completing the personal growth workshops of the ambassador training at no cost to you. This training credit can count towards the 200 hours of training required for REACE registration.

As you embark on working with NGOs in your community and training their staff, you can count all hours of the training that you conduct towards your REACE working hours requirement. For each NGO group you train, you can count the 15 hours of direct multimodal training that you will facilitate, as well as the supervision hours related to Phase 3 of the IEATA CWSI Guide Training. Supervision hours will be counted when you facilitate a multimodal experience with the NGO staff during the individual or group supervision sessions. As documented in the IEATA CWSI Guide Training you are expected to provide one hour of supervision for every 5 hours of facilitation done by each NGO staff member who has been through the training. So during phase 3 of the IEATA CWSI Guide training you would be providing 4 hours of supervision per NGO Staff who is being trained as a IEATA CWSI Guide.

In addition to the above benefits, once you successfully complete training one set of CWSI Guides, you will become a CWSI Ambassador and will be listed on the IEATA Website joining an elite set of members devoted to social action.

We look forward to you joining us in our mission for universal access to emotional health by enabling free expression in safe environments available to vulnerable members of your community.

### Contact Information

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