

# REAT EXA CE Requirement

## Description

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REAT Expressive Arts Therapy Continuing Education (EXA CE) includes activities that enhance the professional REAT's knowledge and competence. REAT EXA CE hours reflect the actual clock hours of participation in any activity.

**ALL REAT's are responsible for obtaining new CE's following the first year of obtaining initial REAT Registration beginning September 1, 2024, upon REAT's designated renewal date.** REAT's can check with the course instructor, institution or person(s) offering REAT EXA CE's to make sure the education meets the criteria below.

All questions regarding EXA CE's can be directed to the REAT Co-Chair's at [reat@ieata.org](mailto:reat@ieata.org).

## CE Requirement

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Verification of 1 (one) CE hour every renewal year is required for all REATs.

Within every 2 (two) years of renewal, one (1) of the CE hours must include education/working with Ethics in EXA.

## Education

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**Course/Education or EXA CE involvement must be within the following categories:**

1. Individual Expressive Arts Therapy Process
2. Group Expressive Arts Therapy Process
3. Application of Expressive Arts Therapy: applying intermodal, integrative arts therapy to address client issues and meet the needs of clients, and topics on diagnosis, assessment, treatment planning, within an expressive arts therapy framework
4. Approaches to, or styles of, intermodal Expressive Arts Therapy in practice and study, including Ethics in EXA

### Education can include:

- Attending online or live workshops, conferences, seminars on expressive arts therapy,
- Any IEATA Conference, Book club meeting, NGO Training, Monthly Forum, or other offerings from IEATA; a letter of completion of these offerings can be requested of the IEATA facilitators and you may furnish to reat@ieata.org
- EXA qualified institute or program courses
- EXA research/publication activities
- Receiving supervision by a REAT or equivalent qualified supervisor set forth in REAT Standards and Requirements
- Other activities such as engaging in EXA book study, presentations, collaborations (documentation, 1 (one) page double spaced essay for books and publications, your presentation marketing material/copy of presentation given, or EXA program, course, workshop creation and collaboration material to be furnished to REAT@ieata.org)

Please keep on file your education certificates, instructor qualifications, and description of course/activity so that you can furnish them upon request.

**IEATA does not endorse or prequalify EXA CE's outside of IEATA sponsored events. IEATA's EXA CE offerings may or may not qualify for other licenses, registrations, certifications; please check with other organizations' CE qualifications to see if they will be accepted.**

## Where can you obtain EXA CEs

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### To qualify to offer CE's you must:

Be a current/active REAT or be presenting in an IEATA sponsored event,

**OR**

Be an expressive or creative arts therapist with equivalent qualifications set forth in IEATA's general registration Standards and Requirements of REAT®, and submit CV with Professional EXA Philosophy Statement upon request,

**OR**

Be a REAT Supervisor or a Pre-Approved Non-REAT Supervisor, as set forth in the REAT Standards and Requirements.

## Attestation

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Every year, when you renew your IEATA Professional Membership and REAT Credential, you will need to attest on the renewal form that you completed the required CE in the last 12 months.

Please keep on file your education certificates, instructor qualifications, and description of course/activity so that you can furnish them upon request.